Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Characte			ARR
AHLUWALA 1998 USA RCT	Under & over 65 African Americans, Low-income populations No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Mixed	Control/ usual care Patient education Patient financial incentive Group therapy/counseling - leader not trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	147 N; Not reported Baseline rate: 11.7 Follow-up rate:	Not reported 17.1	5.4
AREECHON 1988 Other RCT	Adults under 65 only  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Not sure Not sure Not applicable Other system	Patient education	Patient education Medications NRT: gum	N: Baseline rate: Follow-up rate:	101 N: Not reported Baseline rate: 36.6 Follow-up rate:	99 Not reported 57.1	20.5
BLONDAL 1999 Other CCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Other system	Group therapy/counseling - leader not trained Medications NRT: patch	Group therapy/counseling - leader not trained Medications NRT: patch Medications NRT: nasal spray	N: Baseline rate: Follow-up rate:8	Not reported Baseline rate: .5 Follow-up rate:	Not reported 16.2	7.7
BLONDAL 1997 Other RCT	Under & over 65 No vulnerable populations targeted Included: persons with concerns about weight gain	Patients	Academic setting Not sure Outpatient, clinic Other system	Control/ usual care Patient education Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained Medications NRT: nasal spray	N: Baseline rate: Follow-up rate:	78 N: Not reported Baseline rate: 14.0 Follow-up rate:	79 Not reported 19.0	5.0
BLONDALL 1989 Other CBA	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education Patient financial incentive	Patient education Patient financial incentive Medications NRT: gum	N: Baseline rate: Follow-up rate:	90 N: Not reported Baseline rate: 31.1 Follow-up rate:	92 Not reported 44.6	13.5
BRANTMAR 1973 Other RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Control/ usual care Patient education Patient financial incentive	Patient education Patient financial incentive Medications NRT: gum	N: Baseline rate: Follow-up rate:	17 N: Zero Baseline rate: 27.3 Follow-up rate:	23 Zero 20.8	-6.5
BROWN 1992 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Other system	Self-help	Self-help	N: Baseline rate: Follow-up rate:	22 N: Not reported Baseline rate: 30.4 Follow-up rate:5	Not reported 9.0	-21.4

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CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR
BTS	Under & over 65	Patients	Not sure	Control/ usual care	Patient education	N:	371 N:	377	0.0
1983	No vulnerable populations		Not sure			Baseline rate:	Zero Baseline rate:	Zero	
UK	targeted		Outpatient, physician			Follow-up rate:	11.0 Follow-up rate:	11.0	
RCT	Included: persons with other		Other system	Control/ usual care	Patient education	N:	371 N:	402	3.0
	cessation-affecting				Placebo: gum	Baseline rate:	Zero Baseline rate:	Zero	
	conditions					Follow-up rate:	11.0 Follow-up rate:	14.0	
	Excluded: persons with			Control/ usual care	Patient education	N:	371 N:	400	-1.0
	psychiatric comorbidity				Medications NRT: gum	Baseline rate:	Zero Baseline rate:	Zero	
						Follow-up rate:	11.0 Follow-up rate:	10.0	
				Patient education	Patient education	N:	377 N:	402	3.0
					Placebo: gum	Baseline rate:	Zero Baseline rate:	Zero	
						Follow-up rate:	11.0 Follow-up rate:	14.0	
				Patient education	Patient education	N:	377 N:	400	-1.0
					Medications NRT: gum	Baseline rate:	Zero Baseline rate:	Zero	
						Follow-up rate:	11.0 Follow-up rate:	10.0	
				Patient education	Patient education	N:	402 N:	400	-4.0
				Placebo: gum	Medications NRT: gum	Baseline rate:	Zero Baseline rate:	Zero	
						Follow-up rate:	14.0 Follow-up rate:	10.0	
BURLING	Under & over 65	Patients	Nonacademic setting	Patient education	Patient education	N:	29 N:	29	9.9
1989	No vulnerable populations			Patient financial incentive	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
USA	targeted		Outpatient, clinic	Individual counseling	Individual counseling	Follow-up rate:	11.5 Follow-up rate:	21.4	
RCT	No special exceptions for comorbidity		Not applicable		Self-help				
BURT	Under & over 65	Patients	Nonacademic setting	Control/ usual care	Patient education	N:	98 N:	125	35.7
1974	No vulnerable populations		Mainly urban/suburban		Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
UK	targeted		Hospital & outpatient			Follow-up rate:	27.5 Follow-up rate:	63.2	
ССТ	Included: persons with other cessation-affecting conditions		Other system						

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
CAMPBELL	Adults under 65 only	Patients	Nonacademic setting	Control/ usual care	Patient education	N: 149 N	: 137	0.2
1987	No vulnerable populations	1 aticits	Mixed rural/urban/suburban	Control/ usual care	Patient reminders	Baseline rate: Not reported Ba		
UK	targeted		Outpatient, physician		Placebo: gum		ollow-up rate: 1.5	
RCT	No special exceptions for		Other system	Control/ usual care	Patient education	N: 149 N		0.2
	comorbidity		•		Patient reminders	Baseline rate: Not reported Baseline	aseline rate: Not reported	
					Placebo: gum	Follow-up rate: 1.3 Fo	ollow-up rate:1.5	
				Control/ usual care	Patient education	N: 149 N		3.8
					Medications NRT: gum		ollow-up rate:5.1	
				Control/ usual care	Patient education	N: 149 N		1.5
					Patient reminders	Baseline rate: Not reported Ba		
				~	Medications NRT: gum		ollow-up rate:2.8	0.4
				Control/ usual care	Patient education	N: 149 N		
					Patient reminders	Baseline rate: Not reported Ba		
				Control/ usual care	Medications NRT: gum Patient education	Follow-up rate: 1.3 Fo	bllow-up rate: 1.4	2.3
				Control/ usual care	Individual counseling	Baseline rate: Not reported Baseline		
					Placebo: gum		ollow-up rate:3.6	
				Patient education	Patient education	N: 137 N		0.0
				Patient reminders	Patient reminders	Baseline rate: Not reported Ba		
				Placebo: gum	Placebo: gum		ollow-up rate:1.5	
				Patient education	Patient education	N: 137 N	: 138	3.6
				Patient reminders	Medications NRT: gum	Baseline rate: Not reported Ba	aseline rate: Not reported	
				Placebo: gum			ollow-up rate:5.1	
				Patient education	Patient education	N: 137 N		1.3
				Patient reminders	Patient reminders	Baseline rate: Not reported Ba		
				Placebo: gum	Medications NRT: gum		ollow-up rate:2.8	0.4
				Patient education	Patient education	N: 137 N		-0.1
				Patient reminders	Patient reminders	Baseline rate: Not reported Ba		
				Placebo: gum Patient education	Medications NRT: gum Patient education	Follow-up rate: 1.5 Fo	bllow-up rate: 1.4	2.1
				Patient reminders	Individual counseling	Baseline rate: Not reported Baseline		_
				Placebo: gum	Placebo: gum		ollow-up rate:3.6	
				Patient education	Patient education	N: 137 N		3.6
				Patient reminders	Medications NRT: gum	Baseline rate: Not reported Baseline		
				Placebo: gum	C	Follow-up rate: 1.5	ollow-up rate:5.1	
				Patient education	Patient education	N: 137 N	: 142	1.3
				Patient reminders	Patient reminders	Baseline rate: Not reported Ba	aseline rate: Not reported	
				Placebo: gum	Medications NRT: gum		ollow-up rate:2.8	
				Patient education	Patient education	N: 137 N		-0.1
				Patient reminders	Patient reminders	Baseline rate: Not reported Baseline rate:	-	
				Placebo: gum	Medications NRT: gum	Follow-up rate: 1.5 Fo		2.1
				Patient education Patient reminders	Patient education Individual counseling	N: 137 N Baseline rate: Not reported Ba		
				Placebo: gum	Placebo: gum		ollow-up rate:3.6	
*Narrative Project Doc RCT = randomize	cuments (NPDs) are identified by	y a PRO number,		lad bafora and after				
RCT = randomize CCT = controlled				led before – and – after stud States of America	y			

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention Characteristi		ARR
CAMPBELL 1987 UK	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician	Patient education Medications NRT: gum	Patient education Patient reminders Medications NRT: gum	N: Baseline rate: Not Follow-up rate:5.1	138 N: 14: treported Baseline rate: Not reported Follow-up rate:2.8	
RCT (continued)	No special exceptions for comorbidity		Other system	Patient education Medications NRT: gum	Patient education Patient reminders Medications NRT: gum	N: Baseline rate: Not Follow-up rate:5.1	138 N: 14 treported Baseline rate: Not reported Follow-up rate:1.4	
				Patient education Medications NRT: gum	Patient education Individual counseling Placebo: gum	N: Baseline rate: Not Follow-up rate:5.1	138 N: 138 pt reported Baseline rate: Not reported Follow-up rate:3.6	d
				Patient education Patient reminders Medications NRT: gum	Patient education Patient reminders Medications NRT: gum	N: Baseline rate: Not Follow-up rate:2.8	142 N: 14et reported Baseline rate: Not reported Follow-up rate: 1.4	
				Patient education Patient reminders Medications NRT: gum	Patient education Individual counseling Placebo: gum	N:	142 N: 133 of reported Baseline rate: Not reported Follow-up rate: 3.6	
				Patient education Patient reminders Medications NRT: gum	Patient education Individual counseling Placebo: gum	N: Baseline rate: Not Follow-up rate:1.4	144 N: 133 treported Baseline rate: Not reported Follow-up rate:3.6	
CAMPBELL 1991 Other RCT	Under & over 65 Other vulnerable populations Included: persons with high nicotine dependence, persons with other cessation-affecting conditions Excluded: persons with psychiatric comorbidity	Patients Organizations	Nonacademic setting Not sure Hospital & outpatient Other system	Control/ usual care Patient reminders Individual counseling Organizational change	Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Not Follow-up rate:	105 N: 10° treported Baseline rate: Not reported 20.0 Follow-up rate: 20.0	d

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR				
CAMPBELL 1996 Other RCT	Under & over 65 Other vulnerable populations Included: persons with high nicotine dependence	Patients Organizations	Nonacademic setting Not sure Hospital & outpatient Other system	Patient education Individual counseling Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 51 N: 49 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 15.6 Follow-up rate:8.1	d				
	Excluded: persons with psychiatric comorbidity			Patient education Individual counseling Organizational change	Patient education Individual counseling Organizational change	N: 51 N: 36 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 15.6 Follow-up rate: 16.6	d				
				Patient education Individual counseling Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 51 N: 36 Baseline rate: Not reported Baseline rate: Not reportect Follow-up rate: 15.6 Follow-up rate: 33.3	d				
								Patient education Individual counseling Organizational change	Patient education Individual counseling Organizational change	N: 51 N: 32 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 15.6 Follow-up rate:9.3	d
											Patient education Individual counseling Organizational change
					Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Organizational change	N: 49 N: 36 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 16.6	d			
				Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 49 N: 36 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 8.1 Follow-up rate: 33.3	d				
				Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Organizational change	N: 49 N: 32 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:8.1 Follow-up rate:9.3					
				Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 49 N: 30 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 8.1 Follow-up rate: 26.6	d				
				Patient education Individual counseling Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 36 N: 36 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 16.6 Follow-up rate: 33.3	d				
				Patient education Individual counseling Organizational change	Patient education Individual counseling Organizational change	N: 36 N: 32 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 16.6 Follow-up rate: 9.3	d				
				Patient education Individual counseling Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: 36 N: 36 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 16.6 Follow-up rate: 26.6	d				

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventio Characteris			ARR
CAMPBELL 1996 Other RCT	Under & over 65 Other vulnerable populations Included: persons with high nicotine dependence	Patients Organizations	Nonacademic setting Not sure Hospital & outpatient Other system	Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Organizational change	Follow-up rate:	33.3 Follow-up rate:9.3	32 Not reported	-24.0
	Excluded: persons with psychiatric comorbidity			Patient education Individual counseling Medications NRT: patch Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	N: Baseline rate: N Follow-up rate:	36 N: ot reported Baseline rate: N 33.3 Follow-up rate:	30 Not reported 26.6	-6.7
				Patient education Individual counseling Organizational change	Patient education Individual counseling Medications NRT: patch Organizational change	Follow-up rate:9.3	Follow-up rate:	30 Not reported 26.6	17.3
CAMPBELL 1990 Other RCT	Under & over 65 No vulnerable populations targeted Included: persons with other cessation-affecting conditions Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, not phys. Other system	Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:7.0	732 N: Zero Baseline rate: Follow-up rate:9.0	730 Zero	2.0
CAMPBELL 1990 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Not sure Outpatient, not phys.	Control/ usual care Individual counseling	Individual counseling	N: Baseline rate: Follow-up rate:5.2	343 N: Zero Baseline rate: Follow-up rate:4.9	347 Zero	-0.3
RCT	Included: persons with other cessation-affecting conditions		Other system	Control/ usual care Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:5.2	343 N: Zero Baseline rate: Follow-up rate:8.5	351 Zero	3.3
	Excluded: persons with psychiatric comorbidity			Control/ usual care Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:5.2	343 N: Zero Baseline rate: Follow-up rate:8.8	351 Zero	3.6
				Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:4.9	347 N: Zero Baseline rate: Follow-up rate:8.5	351 Zero	3.6
				Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:4.9	347 N: Zero Baseline rate: Follow-up rate:8.8	351 Zero	3.9
				Patient reminders Individual counseling	Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:8.5	351 N: Zero Baseline rate: Follow-up rate:8.8	351 Zero	0.3
CAMPBELL 1986 UK CCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, not phys. Other system	Control/ usual care	Patient education	N: Baseline rate: Follow-up rate:2.7	671 N: Zero Baseline rate: Follow-up rate:3.9	535 Zero	1.2

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
CAMPBELL 1989 USA	Under & over 65 No vulnerable populations targeted	Physicians	Academic setting Mixed rural/urban/suburban Outpatient, physician	Control/ usual care	Provider education	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:1.8 Follow-up rate:3.5	
RCT	No special exceptions for comorbidity		Mixed	Control/ usual care	Provider reminders	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:1.8 Follow-up rate:5.8	
				Control/ usual care	Provider education Provider reminders	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:1.8 Follow-up rate:5.7	
				Provider education	Provider reminders	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:3.5 Follow-up rate:5.8	
				Provider education	Provider education Provider reminders	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:3.5 Follow-up rate:5.7	
				Provider reminders	Provider education Provider reminders	N: Not reported N: Not reporte Baseline rate: Zero Baseline rate: Zer Follow-up rate:5.8 Follow-up rate:5.7	
CARLSSON 1997 Other CCT	Under & over 65 No vulnerable populations targeted Included: persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care	Patient education	N: 81 N: 8 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 29.0 Follow-up rate: 50.	d
CINCIRIP 1994 USA CCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Group therapy/counseling - leader not trained	Individual counseling Self-help	N: 17 N: 1 Baseline rate: Zero Baseline rate: Zer Follow-up rate: 41.0 Follow-up rate:6.0	,
CINCIRIP 1995 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 32 N: 3 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 44.0 Follow-up rate: 18.	d
RCT	Excluded: persons with psychiatric comorbidity		Mixed	Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 32 N: 3 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 44.0 Follow-up rate: 32.	d
				Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 32 N: 3 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 44.0 Follow-up rate: 22.	d 0
				Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 33 N: 3 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 18.0 Follow-up rate: 32.	d 0
				Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 33 N: 3.  Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 18.0 Follow-up rate: 22.	d 0
				Patient reminders Group therapy/counseling - leader trained	Patient reminders Group therapy/counseling - leader trained	N: 31 N: 3 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 32.0 Follow-up rate: 22.	d
Narrative Project Do RCT = randomi. CCT = controlle		y a PRO number, i	CBA = control	led before – and – after study States of America	icauci tranicu	10110w-up fate. 32.0 10110w-up fate. 22.	ΥI

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristic			ARR
CINCIRIP 1995 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with	Patients	Not sure Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 36.0 Follow-up rate:	28 Zero 23.0	-13.0
	psychiatric comorbidity			Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 36.0 Follow-up rate:	26 Zero 25.0	-11.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 36.0 Follow-up rate:	25 Zero 12.0	-24.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	28 N: Zero Baseline rate: 23.0 Follow-up rate:	26 Zero 25.0	2.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	28 N: Zero Baseline rate: 23.0 Follow-up rate:	25 Zero 12.0	-11.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	Patient education Patient financial incentive Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	26 N: Zero Baseline rate: 25.0 Follow-up rate:	25 Zero 12.0	-13.0
CLAVEL 1985 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting conditions	Patients	Not sure Not sure Outpatient, clinic Other system	Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Not Follow-up rate:3.0	222 N: reported Baseline rate: Follow-up rate:	205 Not reported 12.0	9.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2		ervention 2 racteristics	ARR
COHEN 1989 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients Dentists	Nonacademic setting Mainly urban/suburban Outpatient, other Mixed	Provider education Individual counseling	Provider education Detailing Provider reminders Individual counseling	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate:7.7 Follow-up		
	comorbidity			Provider education Individual counseling	Provider education Detailing Individual counseling Medications NRT: gum	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate:7.7 Follow-up		
				Provider education Individual counseling	Provider education Detailing Provider reminders Individual counseling Medications NRT: gum	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate: 7.7 Follow-up		
				Provider education Detailing Provider reminders Individual counseling	Provider education Detailing Individual counseling Medications NRT: gum	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate:8.6 Follow-up	1	
				Provider education Detailing Provider reminders Individual counseling	Provider education Detailing Provider reminders Individual counseling Medications NRT: gum	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate:8.6 Follow-up		
				Provider education Detailing Individual counseling Medications NRT: gum	Provider education Detailing Provider reminders Individual counseling Medications NRT: gum	N: Not reported N: Baseline rate: Not reported Baseline ra Follow-up rate: 16.3 Follow-up	1	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
COHEN 1989 USA RCT	Adults under 65 only Low-income populations No special exceptions for comorbidity	Patients Physicians	Academic setting Mainly urban/suburban Outpatient, physician Not applicable	Control/ usual care Provider education Individual counseling	Provider education Provider reminders Individual counseling	N: Not reported Baseline rate: Zero Follow-up rate:1.5	l N: Not reported D Baseline rate: Zero Follow-up rate:7.9	
				Control/ usual care Provider education Individual counseling	Provider education Patient financial incentive Individual counseling Medications NRT: gum	N: Not reported Baseline rate: Zero Follow-up rate:1.5	N: Not reported  Baseline rate: Zero Follow-up rate:4.7	
				Control/ usual care Provider education Individual counseling	Provider education Patient financial incentive Provider reminders Individual counseling Medications NRT: gum	N: Not reported Baseline rate: Zero Follow-up rate: 1.5	N: Not reported Baseline rate: Zero Follow-up rate:5.2	
				Provider education Provider reminders Individual counseling	Provider education Patient financial incentive Individual counseling Medications NRT: gum	Follow-up rate:7.9	Baseline rate: Zero Follow-up rate:4.7	
				Provider education Provider reminders Individual counseling	Provider education Patient financial incentive Provider reminders Individual counseling Medications NRT: gum	N: Not reported Baseline rate: Zero Follow-up rate: 7.9	Not reported by Baseline rate: Zero Follow-up rate:5.2	
				Provider education Patient financial incentive Individual counseling Medications NRT: gum	Provider education Patient financial incentive Provider reminders Individual counseling Medications NRT: gum	N: Not reported Baseline rate: Zero Follow-up rate:4.7	Not reported by Baseline rate: Zero Follow-up rate:5.2	
COTTRAUX 1983 France	Adults under 65 only No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Control/ usual care	Individual counseling Placebo: pills	N: 140 Baseline rate: Zero Follow-up rate: 6.4	N: 140 Baseline rate: Zero Follow-up rate: 13.6	
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Group therapy/counseling - leader not trained Self-help	N: 140	N: 138 Baseline rate: Zero Follow-up rate:7.2	0.8
				Individual counseling Placebo: pills	Group therapy/counseling - leader not trained Self-help	N: 140 Baseline rate: Zero	O N: 138 O Baseline rate: Zero 6 Follow-up rate:7.2	

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CBA = controlled before – and – after study

USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervent Charactei			ARR
COX 1990 USA CBA	Under & over 65 No vulnerable populations targeted No special exceptions for	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	31 N: Not reported Baseline rate: 23.0 Follow-up rate:	Not reported 38.0	15.0
	comorbidity			Control/ usual care Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	31 N: Not reported Baseline rate: 23.0 Follow-up rate:	Not reported 27.0	4.0
				Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	137 N: Not reported Baseline rate: 38.0 Follow-up rate:	Not reported 27.0	
CREALEY 1998 Other CBA	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other Other system	Control/ usual care	Patient education Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:6.0	60 N: Not reported Baseline rate: 0 Follow-up rate:	48 Not reported 46.0	40.0
CROGHAN USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic	Individual counseling Medications NRT: nasal spray	Individual counseling Medications NRT: patch		Not reported N: Not reported Baseline rate: 0 Follow-up rate:	Not reported Not reported 11.0	
RCT	No special exceptions for comorbidity	1	Not applicable	Individual counseling Medications NRT: nasal spray	Medications NRT: patch Medications NRT: nasal spray	Baseline rate: Follow-up rate:9.0		Not reported Not reported 12.0	
				Individual counseling Medications NRT: patch	Medications NRT: patch Medications NRT: nasal spray		Not reported N: Not reported Baseline rate: 11.0 Follow-up rate:	Not reported Not reported 12.0	1.0
CUCKLE 1984 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:7.0	719 N: Not reported Baseline rate: 0 Follow-up rate:9	Not reported	2.0
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Patient reminders Self-help	N: Baseline rate: Follow-up rate:7.0	719 N: Not reported Baseline rate: 0 Follow-up rate:9	599 Not reported	2.0
				Patient education Self-help	Patient education Patient reminders Self-help	N: Baseline rate: Follow-up rate:9.0	643 N: Not reported Baseline rate: 0 Follow-up rate:9	599 Not reported	0.0
CUMMINGS 1989 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians Organizations	Nonacademic setting Mainly urban/suburban Outpatient, physician Mixed	Control/ usual care Patient reminders Individual counseling Medications NRT: gum Self-help	Provider education Detailing Patient reminders Provider reminders Individual counseling Medications NRT: gum Self-help Organizational change	N: Baseline rate: Follow-up rate:2.:	437 N: Not reported Baseline rate: Follow-up rate:3	463 Not reported .2	0.7

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CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristic			ARR		
CUMMINGS 1989 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians Nurses	Nonacademic setting Mainly urban/suburban Outpatient, physician HMO	Control/ usual care	Patient education Provider education Provider reminders	N: Baseline rate: Not Follow-up rate:1.5	1008 N: reported Baseline rate: N Follow-up rate:2.6	1004 Not reported	1.1		
CUMMINGS 1988 USA	Under & over 65 No vulnerable populations targeted	Patients	Not sure Mainly urban/suburban Not applicable	Control/ usual care Patient education	Self-help	N: Baseline rate: Follow-up rate:7.0	486 N: Zero Baseline rate: Follow-up rate:4.0	252 Zero	-3.0		
RCT	No special exceptions for comorbidity		Not applicable	Control/ usual care Patient education	Self-help	N: Baseline rate: Follow-up rate:7.0	486 N: Zero Baseline rate: Follow-up rate:5.0	250 Zero	-2.0		
				Control/ usual care Patient education	Self-help	N: Baseline rate: Follow-up rate:7.0	486 N: Zero Baseline rate: Follow-up rate:8.0	275 Zero	1.0		
				Control/ usual care Patient education	Self-help	N: Baseline rate: Follow-up rate:7.0	486 N: Zero Baseline rate: Follow-up rate:5.0	253 Zero	-2.0		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:4.0	252 N: Zero Baseline rate: Follow-up rate:5.0	250 Zero	1.0		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:4.0	252 N: Zero Baseline rate: Follow-up rate:8.0	275 Zero	4.0		
						Self-help	Self-help	N: Baseline rate: Follow-up rate:4.0	252 N: Zero Baseline rate: Follow-up rate:5.0	253 Zero	1.0
				Self-help	Self-help	N: Baseline rate: Follow-up rate:5.0	250 N: Zero Baseline rate: Follow-up rate:8.0	275 Zero	3.0		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:5.0	250 N: Zero Baseline rate: Follow-up rate:5.0	253 Zero	0.0		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:8.0	275 N: Zero Baseline rate: Follow-up rate:5.0	253 Zero	-3.0		

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristic		ARR
CURRY 1991	Under & over 65 No vulnerable populations	Patients	Nonacademic setting Mixed rural/urban/suburban	Control/ usual care Self-help	Patient education Self-help	N: Baseline rate:	305 N: Zero Baseline rate:	304 Zero	-2.2
USA	targeted		Not applicable	•		Follow-up rate:	11.1 Follow-up rate:8.9		
RCT	No special exceptions for comorbidity		НМО	Control/ usual care Self-help	Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	305 N: Zero Baseline rate: 11.1 Follow-up rate:6.7	304 Zero	-4.4
				Control/ usual care Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	305 N:	304 reported	-4.2
				Patient education Self-help	Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:8.9	304 N: Zero Baseline rate: Follow-up rate:6.7	304 Zero	-2.2
				Patient education Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:8.9	Follow-up rate:6.9	304 reported	-2.0
				Patient financial incentive Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:6.7	Follow-up rate:6.9	304 reported	0.2
CURRY 1988 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Both academic and nonacademic Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	41 N: Zero Baseline rate: 29.0 Follow-up rate:	24 Zero 42.0	13.0
				Patient education Patient financial incentive	Patient financial incentive Self-help	N: Baseline rate:	41 N: Zero Baseline rate:	50 Zero	7.0
				Self-help Patient education	Patient education	Follow-up rate: N:	29.0 Follow-up rate: 41 N:	36.0 24	-1.0
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	Baseline rate: Follow-up rate:	Zero Baseline rate: 29.0 Follow-up rate:	Zero 28.0	-1.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	24 N: Zero Baseline rate: 42.0 Follow-up rate:	50 Zero 36.0	-6.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	24 N: Zero Baseline rate: 42.0 Follow-up rate:	24 Zero 28.0	-14.0
				Patient financial incentive Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	50 N: Zero Baseline rate: 36.0 Follow-up rate:	24 Zero 28.0	-8.0
*Narrative Project Doc RCT = randomiz CCT = controlled		y a PRO number, 1	CBA = control	led before – and – after study States of America					

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
CURRY 1995 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Not applicable	Control/ usual care	Self-help		328 N: 330 ted Baseline rate: Not reported Follow-up rate:1.0	
RCT	No special exceptions for comorbidity		НМО	Control/ usual care	Self-help Comp.Info		328 N: 329 ted Baseline rate: Not reported Follow-up rate:2.0	
				Control/ usual care	Individual counseling Self-help		328 N: 150 ted Baseline rate: Not reported Follow-up rate:4.0	
				Self-help	Self-help Comp.Info		330 N: 329 ted Baseline rate: Not reported Follow-up rate:2.0	
				Self-help	Individual counseling Self-help		330 N: 150 ted Baseline rate: Not reported Follow-up rate:4.0	
				Self-help Comp.Info	Individual counseling Self-help		329 N: 150 ted Baseline rate: Not reported Follow-up rate:4.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervei Charact		ention 2 cteristics	ARR
DALE 1995 USA RCT	Adults under 65 only No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other	Patients	Academic setting Mainly urban/suburban Hospital & outpatient Mixed	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	18 N: Not reported Baseline rate: Not reported Follow-up rate	Not reported: 41.0	·
	cessation-affecting conditions			Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	18 N: Not reported Baseline rate: Not reported Follow-up rate	Not reported: 35.0	·
				Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	18 N: Not reported Baseline rate: Not reported Follow-up rate	Not reported: 67.0	
				Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	18 N: Not reported Baseline rate: 41.0 Follow-up rate	Not reported: 35.0	-6.0
				Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	18 N: Not reported Baseline rate: 41.0 Follow-up rate	Not reported: 67.0	26.0
				Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 35.0 Follow-up rate	Not reported: 67.0	32.0
DANAHER 1980 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient education	Medication other drug	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 11.8 Follow-up rate	Not reported : 37.5	25.7
RCT	No special exceptions for comorbidity		Mixed	Patient education	Medication other drug Self-help	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 11.8 Follow-up rate	14 Not reported	16.8
				Medication other drug	Medication other drug Self-help	N: Baseline rate: Follow-up rate:	16 N: Not reported Baseline rate: 37.5 Follow-up rate	14 Not reported	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR	
DAUGHTON 1991 USA	Adults under 65 only No vulnerable populations targeted	Patients	Both academic and nonacademic Mainly urban/suburban	Group therapy/counseling - leader not trained Individual counseling	Group therapy/counseling - leader not trained		v-up rate:4.0	l	
RCT	No special exceptions for comorbidity		Outpatient, clinic Not applicable	Group therapy/counseling - leader not trained Individual counseling	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 25 N: Baseline rate: Not reported Baseli Follow-up rate: 12.0 Follow			
				Group therapy/counseling - leader not trained Individual counseling	Group therapy/counseling - leader not trained Medications NRT: patch	N: 25 N: Baseline rate: Not reported Baseli Follow-up rate: 12.0 Follow	v-up rate: 32.0		
				Group therapy/counseling - leader not trained Individual counseling	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 25 N: Baseline rate: Not reported Baseli Follow-up rate: 12.0 Follow			
				Group therapy/counseling - leader not trained Individual counseling	Group therapy/counseling - leader not trained Medications NRT: patch	N: 25 N: Baseline rate: Not reported Baseli Follow-up rate: 12.0 Follow	v-up rate: 19.0		
					Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 27 N: Baseline rate: Not reported Baseli Follow-up rate:4.0 Follow	ne rate: Not reported v-up rate: 30.0	
					Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: patch		v-up rate: 32.0	
				Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 27 N: Baseline rate: Not reported Baseli Follow-up rate:4.0 Follow	ne rate: Not reported v-up rate: 24.0		
				Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: patch		ne rate: Not reported v-up rate: 19.0		
				Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Group therapy/counseling - leader not trained Medications NRT: patch	N: 27 N: Baseline rate: Not reported Baseli Follow-up rate: 30.0 Follow			
				Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 27 N: Baseline rate: Not reported Baseli Follow-up rate: 30.0 Follow			
				Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Group therapy/counseling - leader not trained Medications NRT: patch	N: 27 N: Baseline rate: Not reported Baseli Follow-up rate: 30.0 Follow			

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervent Charactei			ARR
DAUGHTON 1991 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Both academic and nonacademic Mainly urban/suburban Outpatient, clinic	Group therapy/counseling - leader not trained Medications NRT: patch	Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Follow-up rate:	28 N: Not reported Baseline rate: 32.0 Follow-up rate:	Not reported 24.0	
(continued)	comorbidity		Not applicable	Group therapy/counseling - leader not trained Medications NRT: patch	Group therapy/counseling - leader not trained Medications NRT: patch	Follow-up rate:	28 N: Not reported Baseline rate: 32.0 Follow-up rate:	26 Not reported 19.0	
				Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Group therapy/counseling - leader not trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	25 N: Not reported Baseline rate: 24.0 Follow-up rate:	Not reported 19.0	
DAVIES 1992 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Nurses	Academic setting Mixed rural/urban/suburban Not applicable Other system	Patient education Provider education	Patient education Self-help	N: Baseline rate: Follow-up rate:3.0	1		
DAVIS 1986 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate:	Not reported Not reported 21.0	
RCT	No special exceptions for comorbidity		Mixed	Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N:	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate:	Not reported Not reported 13.0	
				Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 21.0 Follow-up rate:	Not reported Not reported 13.0	
DAVIS 1984 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable	Patient education	Patient education Self-help	N: Baseline rate: Follow-up rate:2.0	308 N: Zero Baseline rate: Follow-up rate:4	312 Zero	
RCT	No special exceptions for comorbidity		Not applicable	Patient education	Self-help	N: Baseline rate: Follow-up rate:2.0	308 N: Zero Baseline rate: 0 Follow-up rate:3	308 Zero	
				Patient education	Self-help	N: Baseline rate: Follow-up rate:2.0	308 N: Zero Baseline rate: 0 Follow-up rate:5	309 Zero	
				Patient education Self-help	Self-help	N: Baseline rate: Follow-up rate:4.0	312 N: Zero Baseline rate:	308 Zero	
				Patient education Self-help	Self-help	N: Baseline rate: Follow-up rate:4.0	312 N: Zero Baseline rate:	309 Zero	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:3.0	308 N: Zero Baseline rate:	309 Zero	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention Characterist		-	ARR
DAVIS	Adults under 65 only	Patients	Not sure	Self-help	Self-help	N:	198 N:	203	-1.0
1992 USA	Other vulnerable populations No special exceptions for		Mainly urban/suburban Not applicable			Baseline rate: Follow-up rate:	Zero Baseline rate: 10.0 Follow-up rate:9.0	Zero	
CCT	comorbidity		Not applicable	Self-help	Self-help	N:	198 N:	229	0.0
CCI	comorbidity		Not applicable	зеп-петр	Зеп-пер	Baseline rate:	Zero Baseline rate:	Zero	0.0
						Follow-up rate:	10.0 Follow-up rate:	10.0	
				Self-help	Self-help	N:	203 N:	229	1.0
				r	r	Baseline rate:	Zero Baseline rate:	Zero	
						Follow-up rate:9.0	Follow-up rate:	10.0	
DEMERS	Under & over 65	Patients	Nonacademic setting	Control/ usual care	Control/ usual care	N:	24 N:	134	-1.0
1990	No vulnerable populations	Physicians	Mainly rural			Baseline rate:	Zero Baseline rate:	Zero	
USA	targeted		Outpatient, physician			Follow-up rate:4.0	Follow-up rate:3.0		
CCT	No special exceptions for		Mixed	Control/ usual care	Provider reminders	N:	24 N:	181	4.0
	comorbidity				Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
				Control/ usual care	Provider reminders	Follow-up rate:4.0 N:	Follow-up rate:8.0	181	5.0
				Control/ usual care	Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	3.0
					marviduai counscinig	Follow-up rate:3.0	Follow-up rate:8.0		
DIGIUSTO	Under & over 65	Patients	Academic setting	Patient education	Patient financial incentive		1	Not reported	7.0
1995	No vulnerable populations	1 40101110	Mainly urban/suburban	Patient financial incentive	Patient reminders			Not reported	7.0
Other	targeted		Outpatient, clinic	Self-help	Group therapy/counseling -	Follow-up rate:	33.0 Follow-up rate:	40.0	
RCT	No special exceptions for comorbidity		Other system	-	leader not trained	-	-		
DIJKSTRA	Under & over 65	Patients	Academic setting	Control/ usual care	Patient education	N:	250 N:	247	0.8
1997	No vulnerable populations		Mixed rural/urban/suburban				ot reported Baseline rate:	Not reported	
Netherlands	targeted		Not applicable	-	~	Follow-up rate: 1.6	Follow-up rate:2.4		
RCT	No special exceptions for		Other system	Control/ usual care	Self-help	N:	250 N:	244	1.7
	comorbidity					Baseline rate: No Follow-up rate: 1.6	ot reported Baseline rate: Follow-up rate:3.3	Not reported	
				Control/ usual care	Patient education	N:	250 N:	249	3.2
				Control/ usual care	Self-help			Not reported	3.2
					бен неф	Follow-up rate: 1.6	Follow-up rate:4.8	1	
				Patient education	Self-help	N:	247 N:	244	0.9
					I.			Not reported	
						Follow-up rate:2.4	Follow-up rate:3.3		
				Patient education	Patient education	N:	247 N:	249	2.4
					Self-help			Not reported	
				0.101.1		Follow-up rate:2.4	Follow-up rate:4.8		
				Self-help	Patient education	N:	244 N:	249	1.5
					Self-help	Baseline rate: No Follow-up rate: 3.3	ot reported Baseline rate: Follow-up rate:4.8	Not reported	
	1			I		1 0110w-up 1atc.3.3	1 0110w-up 1atc.4.0	, I	I

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DIJKSTRA 1999 Netherlands	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care	Self-help	N: Baseline rate: 1 Follow-up rate:5.5		Not reported 2	-2.3
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Self-help	N: Baseline rate: 1 Follow-up rate:5.5	1	Not reported 4	-1.1
				Control/ usual care	Self-help	N: Baseline rate: 1 Follow-up rate:5.5		Not reported 5	-2.0
				Self-help	Self-help	N: Baseline rate: 1 Follow-up rate:3.2	187 N: Not reported Baseline rate:	180 Not reported	1.2
				Self-help	Self-help	N: Baseline rate: 1 Follow-up rate:3.2		201 Not reported 5	0.3
				Self-help	Self-help	N: Baseline rate: 1 Follow-up rate:4.4		201 Not reported 5	
DOW 1984 Other	Under & over 65 No vulnerable populations targeted	Patients	Both academic and nonacademic Not sure	Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:8.4	178 N: Zero Baseline rate: Follow-up rate:3.	31 Zero 2	-5.2
RCT	No special exceptions for comorbidity		Outpatient, clinic Other system	Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:8.4	178 N: Zero Baseline rate: Follow-up rate:	33 Zero 24.2	15.8
				Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:8.4	178 N: Zero Baseline rate: Follow-up rate:	35 Zero 17.1	8.7
				Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:3.2	31 N: Zero Baseline rate: Follow-up rate:	33 Zero 24.2	21.0
				Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:3.2	31 N: Zero Baseline rate: Follow-up rate:	35 Zero 17.1	13.9
				Patient education Group therapy/counseling - leader not trained Medication other drug	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:	33 N: Zero Baseline rate: 24.2 Follow-up rate:	35 Zero 17.1	-7.1

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ELLIOT 1978 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care	Patient education Medication other drug Self-help	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: Zero Follow-up rate	Not reported Not reported : 45.0	1
RCT	No special exceptions for comorbidity		Not applicable	Control/ usual care	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: Zero Follow-up rate		
				Control/ usual care	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: Zero Follow-up rate		1
				Patient education Medication other drug Self-help	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 45.0 Follow-up rate		
				Patient education Medication other drug Self-help	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 45.0 Follow-up rate		
				Patient education Medication other drug	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate	Not reported Not reported : 17.0	
ETRINGER 1984 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	19 N: Not reported Baseline rate: 32.0 Follow-up rate	Not reported 45.0	
CCT	No special exceptions for comorbidity		Not applicable	Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	19 N: Not reported Baseline rate: 32.0 Follow-up rate	Not reported:6.0	
				Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	19 N: Not reported Baseline rate: 32.0 Follow-up rate	Not reported: 40.0	
				Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	22 N: Not reported Baseline rate: 45.0 Follow-up rate	Not reported:6.0	
				Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	22 N: Not reported Baseline rate: 45.0 Follow-up rate	Not reported : 40.0	
				Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:6	16 N: Not reported Baseline rate: .0 Follow-up rate	Not reported : 40.0	
FAGERSTR 1982 USA CCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence, persons with other cessation-affecting conditions	Patients	Not sure Not sure Outpatient, clinic Other system	Patient education Individual counseling	Patient education Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	49 N: Not reported Baseline rate: 37.0 Follow-up rate	47 Not reported : 49.0	12.0

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RCT = randomized clinical trial

CBA = controlled before – and – after study

USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics			ARR
FAGERSTR 1984 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician	Patient education Individual counseling	Patient education Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:6.0	27 N: Zero Baseline rate: Follow-up rate:	22 Zero 15.0	9.0
ССТ	Excluded: persons with psychiatric comorbidity		Other system	Patient education Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:6.0	27 N: Zero Baseline rate: Follow-up rate:	46 Zero 24.0	18.0
				Patient education Individual counseling	Patient education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:6.0	27 N: Zero Baseline rate: Follow-up rate:	50 Zero 32.0	26.0
				Patient education Patient reminders Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 15.0 Follow-up rate:	46 Zero 24.0	9.0
				Patient education Patient reminders Individual counseling	Patient education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 15.0 Follow-up rate:	50 Zero 32.0	17.0
				Patient education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	46 N: Zero Baseline rate: 24.0 Follow-up rate:	50 Zero 32.0	8.0
FAGERSTR 1983 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Not sure Outpatient, clinic Other system	Patient financial incentive Individual counseling	Patient financial incentive Individual counseling Medications NRT: gum	N: Not r Baseline rate: Follow-up rate:	reported N: Zero Baseline rate: 36.0 Follow-up rate:	Not reported Zero 50.0	14.0
FEE 1982 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Not sure Outpatient, clinic Other system	Patient education Patient reminders Group therapy/counseling - leader trained	Patient education Patient reminders Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Not r Follow-up rate:8.7	172 N: reported Baseline rate: Follow-up rate:	Not reported 12.7	4.0
FIORE 1994 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	43 N: Zero Baseline rate: 20.9 Follow-up rate:	44 Zero 34.1	13.2

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CBA = controlled before – and – after study USA = United States of America

CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
FIORE 1994 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:7.3	55 N: 57 Zero Baseline rate: Zero Follow-up rate: 17.5	
FISHER 1998 USA CBA	Under & over 65 African Americans, Low-income populations No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Mixed	Control/ usual care	Patient education	N: Baseline rate: Follow-up rate:	457 N: 1034 66.0 Baseline rate: 66.0 67.0 Follow-up rate: 73.0	
FLAY 1989 USA CBA	Under & over 65  No vulnerable populations targeted  No special exceptions for	Patients Communities	Nonacademic setting Mainly urban/suburban Outpatient, other Not applicable	MassMedia Self-help	Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:	1191 N: 212 ported Baseline rate: Not reported 10.0 Follow-up rate:5.0	
	comorbidity			MassMedia Self-help	MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:	1191 N: 192 ported Baseline rate: Not reported 10.0 Follow-up rate:3.0	,
				MassMedia Self-help	Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:	1191 N: 233 ported Baseline rate: Not reported 10.0 Follow-up rate:7.0	
				Group therapy/counseling - leader trained MassMedia Self-help	MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:5.0	212 N: 192 ported Baseline rate: Not reported Follow-up rate:3.0	
				Group therapy/counseling - leader trained MassMedia Self-help	Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:5.0	212 N: 233 ported Baseline rate: Not reported Follow-up rate:7.0	
				MassMedia Self-help	Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: Not rep Follow-up rate:3.0	192 N: 233 ported Baseline rate: Not reported Follow-up rate:7.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Characte			ARR
FORTMANN 1988 USA	Adults under 65 only No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 22.0 Follow-up rate:	Not reported 22.0	0.0
RCT	Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions		Mixed	Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 22.0 Follow-up rate:	Not reported 31.0	9.0
				Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 22.0 Follow-up rate:	Not reported 31.0	9.0
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	148 N: Not reported Baseline rate: 22.0 Follow-up rate:	Not reported 31.0	9.0
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	148 N: Not reported Baseline rate: 22.0 Follow-up rate:	Not reported 31.0	9.0
				Patient education Patient financial incentive Medications NRT: gum Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	147 N: Not reported Baseline rate: 31.0 Follow-up rate:	Not reported 31.0	0.0
FORTMANN 1995 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Patient financial incentive	Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	261 N: Zero Baseline rate: 16.0 Follow-up rate:	261 Zero 16.0	0.0
RCT	No special exceptions for comorbidity		Not applicable	Patient financial incentive	Patient financial incentive Medications NRT: gum	N: Baseline rate: Follow-up rate:	261 N: Zero Baseline rate: 16.0 Follow-up rate:	262 Zero 21.0	5.0
				Patient financial incentive	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	261 N: Zero Baseline rate: 16.0 Follow-up rate:	260 Zero 21.0	5.0
				Patient financial incentive Self-help	Patient financial incentive Medications NRT: gum	N: Baseline rate: Follow-up rate:	261 N: Zero Baseline rate: 16.0 Follow-up rate:	262 Zero 21.0	5.0
				Patient financial incentive Self-help	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	261 N: Zero Baseline rate: 16.0 Follow-up rate:	260 Zero 21.0	5.0
				Patient financial incentive Medications NRT: gum	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	262 N: Zero Baseline rate: 21.0 Follow-up rate:	260 Zero 21.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention Characteristi			ARR
GILBERT 1989 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians	Nonacademic setting Mainly urban/suburban Outpatient, physician Other system	Provider education Patient reminders Provider reminders Individual counseling Self-help	Provider education Patient reminders Provider reminders Individual counseling Medications NRT: gum Self-help	N: Baseline rate: No Follow-up rate:8.1	111 N: t reported Baseline rate: Follow-up rate:	Not reported 10.7	2.6
GILBERT 1992 Other RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Physicians	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician Other system	Provider education Individual counseling Medications NRT: gum Self-help	Provider education Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	317 N: Zero Baseline rate: 10.2 Follow-up rate:	330 Zero 12.5	2.3
GINSBERG 1992 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting	Patients	Not sure Mainly urban/suburban Outpatient, other Mixed	Control/ usual care Patient education Patient financial incentive Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	35 N: Zero Baseline rate: 40.0 Follow-up rate:	33 Zero 33.0	-7.0
	conditions			Control/ usual care Patient education Patient financial incentive Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	35 N: Zero Baseline rate: 40.0 Follow-up rate:	28 Zero 27.0	-13.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	33 N: Zero Baseline rate: 33.0 Follow-up rate:	28 Zero 27.0	-6.0

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Author Year Country Design	Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
GLASGOW 1981 USA	Under & over 65 No vulnerable populations targeted	Patients	Not sure Mainly urban/suburban Not applicable	Self-help	Group therapy/counseling - leader trained Self-help	N: 15 I Baseline rate: Not reported I	N: 1	14 -14.0 ed
RCT	No special exceptions for comorbidity		Not applicable	Self-help	Self-help	N: 15 I Baseline rate: Not reported I	N: 1	-6.0
				Self-help	Group therapy/counseling - leader trained Self-help	N: 15 N Baseline rate: Not reported I Follow-up rate: 14.0 I		
				Self-help	Self-help	N: 15 l Baseline rate: Not reported l	N: 1	-14.0 ed
				Self-help	Group therapy/counseling - leader trained Self-help	N: 15 l Baseline rate: Not reported l	N: 1	16 10.0 ed
				Group therapy/counseling - leader trained Self-help	Self-help	N: 14 I Baseline rate: Not reported I Follow-up rate: Zero I		8.0 ed
				Group therapy/counseling - leader trained Self-help	Group therapy/counseling - leader trained Self-help	N: 14 I Baseline rate: Not reported I Follow-up rate: Zero I		
				Group therapy/counseling - leader trained Self-help	Self-help	N: 14 I Baseline rate: Not reported I	N: 1	
				Group therapy/counseling - leader trained Self-help	Group therapy/counseling - leader trained Self-help	N: 14 I Baseline rate: Not reported I	N: 1	24.0 ed
				Self-help	Group therapy/counseling - leader trained Self-help	N: 13 I Baseline rate: Not reported I	N: 1	6 9.0 ed
				Self-help	Self-help	N: 13 l Baseline rate: Not reported l	N: 1	-8.0
				Self-help	Group therapy/counseling - leader trained Self-help	N: 13 I Baseline rate: Not reported I	N: 1	16.0 ed
				Group therapy/counseling - leader trained Self-help	Self-help	N: 16 l Baseline rate: Not reported l	N: 1	-17.0 ed
				Group therapy/counseling - leader trained Self-help	Group therapy/counseling - leader trained Self-help	N: 16 I Baseline rate: Not reported I	N: 1	7.0 ed
				Self-help	Group therapy/counseling - leader trained Self-help	N: 15 I Baseline rate: Not reported I	N: 1	24.0 ed
Narrative Project Do RCT = randomi CCT = controlle		y a PRO number, 1	CBA = control	lled before – and – after study States of America	leader trained	Baseline rate: Not reported l	Baseline rate: Not reporte	ed

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristic			ARR
GLASGOW 1997 USA CBA	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients Organizations	Nonacademic setting Mixed rural/urban/suburban Outpatient, other Not applicable	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:	2123 N: 81.0 Baseline rate: 84.0 Follow-up rate:	2618 83.0 87.0	
GLASSMAN 1993 USA RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence, persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Control/ usual care Patient financial incentive Individual counseling	Patient financial incentive Individual counseling Clonidine	N: Baseline rate: Not Follow-up rate:	145 N: reported Baseline rate: 11.0 Follow-up rate:	Not reported 15.0	
GLASSMAN 1988 USA RCT	Adults under 65 only No vulnerable populations targeted Included: persons with high nicotine dependence, persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Control/ usual care Individual counseling	Individual counseling Clonidine	N: Baseline rate: Not Follow-up rate:5.0	38 N: reported Baseline rate: Follow-up rate:	Not reported 27.0	
GOLDBERG USA CBA	Adults under 65 only African Americans No special exceptions for comorbidity	Patients Physicians	Academic setting Mainly urban/suburban Outpatient, physician Mixed	Control/ usual care	Patient education Provider education Individual counseling	N: Baseline rate: Not Follow-up rate:	163 N: reported Baseline rate: 16.2 Follow-up rate:	Not reported 14.7	
GOLDBERG USA	Under & over 65 No vulnerable populations targeted	Patients Physicians	Academic setting Mainly urban/suburban Outpatient, physician	Patient education Provider education Prov.Fin	Provider education Prov.Fin Individual counseling		reported N: reported Baseline rate: Follow-up rate:8.	Not reported Not reported	
RCT	No special exceptions for comorbidity		Mixed	Patient education Provider education Prov.Fin	Provider education Prov.Fin Individual counseling		reported N: reported Baseline rate: Follow-up rate:	Not reported Not reported 10.6	
				Provider education Prov.Fin Individual counseling	Provider education Prov.Fin Individual counseling		reported N: reported Baseline rate: Follow-up rate:	Not reported Not reported 10.6	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention Characteristi		ARR
GOLDSTEI 1989 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Not sure Outpatient, clinic Fee-for-service	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 22.7 Follow-up rate:	18 Zero 11.1	-11.6
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 22.7 Follow-up rate:	25 Zero 32.0	9.3
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 22.7 Follow-up rate:	24 Zero 41.7	19.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	18 N: Zero Baseline rate: 11.1 Follow-up rate:	25 Zero 32.0	20.9
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	18 N: Zero Baseline rate: 11.1 Follow-up rate:	24 Zero 41.7	30.6
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	25 N: Zero Baseline rate: 32.0 Follow-up rate:	24 Zero 41.7	9.7
GOURDAY 1995 USA CCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Not sure Mainly urban/suburban Outpatient, clinic Other system	Patient education Individual counseling Medications NRT: patch	Individual counseling Medications NRT: patch	N: Baseline rate: Not re Follow-up rate:2.6	300 N: ported Baseline rate: Not Follow-up rate:6.4	298 reported	3.8
GRITZ 1992 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Not applicable HMO	Control/ usual care	Self-help	N: Baseline rate: Follow-up rate:2.4	702 N: Zero Baseline rate: Follow-up rate:3.5	694 Zero	1.1

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARI	áR_
GRUDER 1993 USA	Under & over 65 No vulnerable populations	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other	Control/ usual care Patient education Self-help	Patient education Self-help	N: Baseline rate:	235 N: 27 Zero Baseline rate: Ze 12.8 Follow-up rate: 13	ю	)
RCT	targeted No special exceptions for comorbidity		Not applicable	Control/ usual care Patient education Self-help	Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	235 N: 12 Zero Baseline rate: Ze 12.8 Follow-up rate: 18	9 5.8 o	3
				Control/ usual care Patient education Self-help	Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	235 N: 12 Zero Baseline rate: Ze 12.8 Follow-up rate: 21	ю	ī
				Patient education Self-help	Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	279 N: 12 Zero Baseline rate: Ze 13.7 Follow-up rate: 18	o	<del>)</del>
				Patient education Self-help	Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	279 N: 14 Zero Baseline rate: Ze 13.7 Follow-up rate: 21	ю	5
				Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	Patient education Patient financial incentive Patient reminders Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	129 N: 12 Zero Baseline rate: Ze 18.6 Follow-up rate: 21	ю	5

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervei Charact			ARR
HALL 1987 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Group therapy/counseling - leader not trained  Group therapy/counseling -	Group therapy/counseling - leader trained Medication other drug Group therapy/counseling -	N: Baseline rate: Follow-up rate: N:	34 N: Not reported Baseline rate: 21.0 Follow-up rate: 34 N:	Not reported 21.0	0.0
KC1	cessation-affecting conditions		Not applicable	leader not trained	leader trained Medications NRT: gum	Baseline rate: Follow-up rate:	Not reported Baseline rate: 21.0 Follow-up rate:	Not reported 50.0	
				Group therapy/counseling - leader not trained	Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	N: Baseline rate: Follow-up rate:	34 N: Not reported Baseline rate: 21.0 Follow-up rate:	Not reported 34.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	34 N: Not reported Baseline rate: 21.0 Follow-up rate:	36 Not reported 50.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	N: Baseline rate: Follow-up rate:	34 N: Not reported Baseline rate: 21.0 Follow-up rate:	Not reported 34.0	10.0
				Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	N: Baseline rate: Follow-up rate:	36 N: Not reported Baseline rate: 50.0 Follow-up rate:	Not reported 34.0	
HALL 1996 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Group therapy/counseling - leader trained Medications NRT: gum	Patient education Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	104 N: Not reported Baseline rate: 32.0 Follow-up rate:	Not reported 23.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Charact			ARR
HALL 1994 USA RCT	Adults under 65 only No vulnerable populations targeted Excluded: persons with psychiatric comorbidity,	Patients	Academic setting Mainly urban/suburban Outpatient, other Not applicable	Control/ usual care Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	53 N: Not reported Baseline rate: 25.0 Follow-up rate:	50 Not reported 16.0	
	persons with other cessation-affecting conditions			Control/ usual care Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	53 N: Not reported Baseline rate: 25.0 Follow-up rate:	Not reported 18.0	
				Control/ usual care Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	53 N: Not reported Baseline rate: 25.0 Follow-up rate:	Not reported 34.0	
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	50 N: Not reported Baseline rate: 16.0 Follow-up rate:	Not reported 18.0	
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	50 N: Not reported Baseline rate: 16.0 Follow-up rate:	Not reported 34.0	
				Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 18.0 Follow-up rate:	Not reported 34.0	10.0
HALL 1989 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Not applicable Mixed	Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained AntiDepress	N: Baseline rate: Follow-up rate:	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate:	Not reported Not reported 24.0	

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USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventi Character			ARR	
HAMILTON 1979 USA	Adults under 65 only No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 36.0 Follow-up rate:9	Not reported 0.0	-27.0	
RCT	Excluded: persons with other cessation-affecting conditions		Not applicable	Control/ usual care Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 36.0 Follow-up rate:	Not reported 27.0	-9.0	
				Control/ usual care Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 36.0 Follow-up rate:	Not reported 36.0	0.0	
				Control/ usual care Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Individual counseling	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 36.0 Follow-up rate:	Not reported 55.0	19.0	
				Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:9.0	11 N: Not reported Baseline rate: Follow-up rate:	Not reported 27.0		
				Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:9.0	11 N: Not reported Baseline rate: Follow-up rate:	Not reported 36.0	27.0	
					Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Individual counseling	N: Baseline rate: Follow-up rate:9.0	11 N: Not reported Baseline rate: Follow-up rate:	Not reported 55.0	46.0
					Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 27.0 Follow-up rate:	Not reported 36.0	9.0
					Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Individual counseling	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 27.0 Follow-up rate:	Not reported 55.0	28.0
				Patient education Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Individual counseling	N: Baseline rate: Follow-up rate:	11 N: Not reported Baseline rate: 36.0 Follow-up rate:	Not reported 55.0		
HARACKIE 1988 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient education Patient financial incentive	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:7.0		52 Zero 13.0		
RCT	targeted Included: persons with high nicotine dependence Excluded: persons with other cessation-affecting conditions	with high Modence s with other	Mixed	Patient education Patient financial incentive	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:7.0	46 N: Zero Baseline rate: Follow-up rate:	99 Zero 12.0	5.0	
			I	Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	52 N: Zero Baseline rate: 13.0 Follow-up rate:	99 Zero 12.0		

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HARACKIE 1987 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Patient education Patient financial incentive	Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:8.0	38 N: Zero Baseline rate: Follow-up rate:	47 Zero 15.0	
RCT	No special exceptions for comorbidity		Not applicable	Patient education Patient financial incentive	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:8.0	38 N: Zero Baseline rate:	45 Zero 11.0	
				Patient education Patient financial incentive	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:8.0	38 N: Zero Baseline rate: Follow-up rate:	45 Zero 16.0	8.0
				Patient financial incentive Self-help	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	47 N: Zero Baseline rate: 15.0 Follow-up rate:	45 Zero 11.0	-4.0
				Patient financial incentive Self-help	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	47 N: Zero Baseline rate: 15.0 Follow-up rate:	45 Zero 16.0	
				Patient financial incentive Medications NRT: gum Self-help	Patient financial incentive Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	45 N: Zero Baseline rate: 11.0 Follow-up rate:	45 Zero 16.0	5.0
HAYFORD 1999 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Individual counseling Self-help	Individual counseling AntiDepress Self-help	N:	153 N: Not reported Baseline rate: 12.4 Follow-up rate:	Not reported 19.6	7.2
RCT	Excluded: persons with psychiatric comorbidity		Not applicable	Individual counseling Self-help	Individual counseling AntiDepress Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 12.4 Follow-up rate:	Not reported 22.9	10.5
				Individual counseling Self-help	Individual counseling AntiDepress Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 12.4 Follow-up rate:	Not reported 23.1	
				Individual counseling AntiDepress Self-help	Individual counseling AntiDepress Self-help	N: Baseline rate: Follow-up rate:	153 N: Not reported Baseline rate: 19.6 Follow-up rate:	Not reported 22.9	
				Individual counseling AntiDepress Self-help	Individual counseling AntiDepress Self-help	N:	153 N: Not reported Baseline rate: 19.6 Follow-up rate:	156 Not reported 23.1	3.5
				Individual counseling AntiDepress Self-help	Individual counseling AntiDepress Self-help	N:	153 N: Not reported Baseline rate: 22.9 Follow-up rate:	156 Not reported 23.1	

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HERRERA 1995 Other	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	78 N: Not reported Baseline rate: 16.6 Follow-up rate:	76 Not reported 39.4	22.8
RCT	Included: persons with high nicotine dependence Excluded: persons with		Other system	Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	78 N: Not reported Baseline rate: 16.6 Follow-up rate:	Not reported 34.4	17.8
	psychiatric comorbidity, persons with other cessation-affecting conditions			Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	78 N: Not reported Baseline rate: 16.6 Follow-up rate:	Not reported 16.0	-0.6
				Group therapy/counseling - leader not trained Medications NRT: gum	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	76 N: Not reported Baseline rate: 39.4 Follow-up rate:	Not reported 34.4	-5.0
				Group therapy/counseling - leader not trained Medications NRT: gum	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	76 N: Not reported Baseline rate: 39.4 Follow-up rate:	Not reported 16.0	-23.4
				Group therapy/counseling - leader not trained Medications NRT: gum	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	87 N: Not reported Baseline rate: 34.4 Follow-up rate:	Not reported 16.0	-18.4
HILL 1993 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	atients Academic setting Not sure Outpatient, clinic Not applicable	Patient education Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 31.8 Follow-up rate:	22 Zero 36.8	5.0
		nuity		Patient education Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 31.8 Follow-up rate:	18 Zero 27.8	-4.0
				Patient education Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 31.8 Follow-up rate:	20 Zero 10.0	-21.8
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 36.8 Follow-up rate:	18 Zero 27.8	-9.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 36.8 Follow-up rate:	20 Zero 10.0	-26.8
				Patient education Group therapy/counseling - leader trained Self-help	Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	18 N: Zero Baseline rate: 27.8 Follow-up rate:	20 Zero 10.0	-17.8

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Characte			ARR									
HILLEMAN 1993 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient education	Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	38 N: Not reported Baseline rate: 11.0 Follow-up rate:	37 Not reported 16.0										
RCT	Included: persons with high nicotine dependence Excluded: persons with		Not applicable	Patient education	Patient education Clonidine	N: Baseline rate: Follow-up rate:	38 N: Not reported Baseline rate: 11.0 Follow-up rate:	38 Not reported 18.0										
	psychiatric comorbidity			Patient education	Group therapy/counseling - leader not trained Clonidine	N: Baseline rate: Follow-up rate:	38 N: Not reported Baseline rate: 11.0 Follow-up rate:	Not reported 32.0										
		Patients A	]	C			Group therapy/counseling - leader not trained	Patient education Clonidine	N: Baseline rate: Follow-up rate:	37 N: Not reported Baseline rate: 16.0 Follow-up rate:	38 Not reported 18.0							
																Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Clonidine	N: Baseline rate: Follow-up rate:
				Patient education Clonidine	Group therapy/counseling - leader not trained Clonidine	N: Baseline rate: Follow-up rate:	38 N: Not reported Baseline rate: 18.0 Follow-up rate:	Not reported 32.0										
HILLEMAN 1994 USA	Under & over 65 No vulnerable populations targeted	ulnerable populations argeted ded: persons with	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Patient education Medications NRT: patch	Patient education Medications NRT: patch	N: Baseline rate: Follow-up rate:	69 N: Not reported Baseline rate: 30.0 Follow-up rate:	71 Not reported 30.0										
RCT	Excluded: persons with psychiatric comorbidity			Patient education Medications NRT: patch	Patient education Mediations anxiolytics	N: Baseline rate: Follow-up rate:	69 N: Not reported Baseline rate: 30.0 Follow-up rate:	68 Not reported 32.0										
				Patient education Medications NRT: patch	Patient education Mediations anxiolytics	N: Baseline rate: Follow-up rate:	71 N: Not reported Baseline rate: 30.0 Follow-up rate:	68 Not reported 32.0										
HILLRICE 1994 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	48 N: Zero Baseline rate: 33.0 Follow-up rate:	63 Zero 14.0										
RCT	Included: persons with other cessation-affecting conditions		Mixed	Control/ usual care Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	48 N: Zero Baseline rate: 33.0 Follow-up rate:	82 Zero 15.0										
				Control/ usual care Individual counseling	Patient education Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:	48 N: Zero Baseline rate: 33.0 Follow-up rate:5.	62 Zero										
				Patient education Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	63 N: Zero Baseline rate: 14.0 Follow-up rate:	82 Zero 15.0										
				Patient education Individual counseling	Patient education Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:	63 N: Zero Baseline rate: 14.0 Follow-up rate:5.	62 Zero										
				Patient education Individual counseling	Patient education Patient reminders Individual counseling	N: Baseline rate: Follow-up rate:	82 N: Zero Baseline rate: 15.0 Follow-up rate:5.	62 Zero										

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Charact			ARR
HJALMARS 1994 Other CCT	Under & over 65 No vulnerable populations targeted Included: persons with concerns about weight gain	Patients	Nonacademic setting Not sure Outpatient, clinic Other system	Control/ usual care Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medications NRT: nasal spray	N: Baseline rate: Follow-up rate:	123 N: Not reported Baseline rate: 15.0 Follow-up rate:	Not reported 27.0	12.0
HJALMARS 1984 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Not sure Not sure Outpatient, clinic Other system	Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	100 N: Not reported Baseline rate: 16.0 Follow-up rate:	Not reported 29.0	13.0
HJALMARS 1997 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education Group therapy/counseling - leader trained Self-help	Patient education Group therapy/counseling - leader trained Medications NRT: nasal spray Self-help	N: Baseline rate: Follow-up rate:	124 N: Zero Baseline rate: 28.0 Follow-up rate:	123 Zero 18.0	-10.0
HJERMANN 1981 Norway RCT	Adults under 65 only No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	500 N: Zero Baseline rate: 17.0 Follow-up rate:	477 Zero 25.0	8.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
HOLLIS 1993 USA CCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians Nurses Other provider Organizations	Nonacademic setting Mainly urban/suburban Outpatient, physician HMO	Control/ usual care Patient education Provider education Provider reminders Individual counseling Organizational change	Patient education Provider education Patient reminders Provider reminders Individual counseling Self-help Organizational change	N: 708 N: 67: Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 3.4	d
				Control/ usual care Patient education Provider education Provider reminders Individual counseling Organizational change	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader not trained Individual counseling Self-help Organizational change	N: 708 N: 67: Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:2.3 Follow-up rate:4.7	
				Control/ usual care Patient education Provider education Provider reminders Individual counseling Organizational change	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader trained Individual counseling Self-help Organizational change	N: 708 N: 63: Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:2.3 Follow-up rate:4.3	
				Patient education Provider education Patient reminders Provider reminders Individual counseling Self-help Organizational change	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader not trained Individual counseling Self-help Organizational change	N: 675 N: 675 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 4.7	
				Patient education Provider education Patient reminders Provider reminders Individual counseling Self-help Organizational change	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader trained Individual counseling Self-help Organizational change	N: 675 N: 633 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:3.4 Follow-up rate:4.3	
*Narrative Project Doc RCT = randomiz CCT = controlled		y a PRO number, r	CBA = control	led before – and – after study States of America			

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
HOLLIS 1993 USA CCT (continued)	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians Nurses Other provider Organizations	Nonacademic setting Mainly urban/suburban Outpatient, physician HMO	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader not trained Individual counseling Self-help Organizational change	Patient education Provider education Patient financial incentive Patient reminders Provider reminders Group therapy/counseling - leader trained Individual counseling Self-help Organizational change	·	633 line rate: Not reported w-up rate:4.3	
HUBER 1988 Germany RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for	Patients	Not sure Not sure Outpatient, other Other system	Control/ usual care  Control/ usual care	Medications NRT: gum  Group therapy/counseling -	N: 35 N: Baseline rate: Not reported Basel Follow-up rate: Not reported Follo N: 35 N:		1
	comorbidity		•	Control/wood one	leader not trained Self-help	Baseline rate: Not reported Basel Follow-up rate: Not reported Follo	w-up rate: 16.0	)
				Control/ usual care	Group therapy/counseling - leader not trained Medications NRT: gum Self-help	N: 35 N: Baseline rate: Not reported Basel Follow-up rate: Not reported Follo		l
				Medications NRT: gum	Group therapy/counseling - leader not trained Self-help	N: 48 N: Baseline rate: Not reported Basel Follow-up rate: 12.0 Follo		l
				Medications NRT: gum	Group therapy/counseling - leader not trained Medications NRT: gum Self-help	N: 48 N: Baseline rate: Not reported Basel Follow-up rate: 12.0 Follo	48 line rate: Not reported	1.0
				Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Medications NRT: gum Self-help	N: 54 N: Baseline rate: Not reported Basel Follow-up rate: 16.0 Follo		i
HUGHES 1991 USA RCT	Under & over 65 Low-income populations No special exceptions for comorbidity	Patients Physicians	Academic setting Mainly rural Outpatient, physician Mixed	Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum	N: 32 N: Baseline rate: Not reported Basel Follow-up rate: 19.0 Follo	36 line rate: Not reported w-up rate:6.0	
				Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum	N: 32 N: Baseline rate: Not reported Basel Follow-up rate: 19.0 Follo	38 line rate: Not reported w-up rate:8.0	
				Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Provider education Patient financial incentive Individual counseling Medications NRT: gum		38 line rate: Not reported w-up rate:8.0	
*Narrative Project Do RCT = randomi CCT = controlle		y a PRO number, 1	CBA = control	lled before – and – after study States of America	-			-

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventio Characterisi			ARR
HUGHES 1989 USA CCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with other cessation-affecting conditions	Patients Physicians	Nonacademic setting Mainly urban/suburban Outpatient, physician HMO	Patient education Provider education Patient financial incentive Patient reminders Individual counseling	Patient education Provider education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: No Follow-up rate:6.0	105 N: ot reported Baseline rate: Follow-up rate:	Not reported 11.0	5.0
HUGHES 1989 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, other Not applicable	Control/ usual care Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate: N:	19 N: Zero Baseline rate: 26.0 Follow-up rate:	20 Zero 10.0	-16.0 14.0
	psychiatric comorbidity			Control/ usual care Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	Zero Baseline rate: 26.0 Follow-up rate:	Zero 40.0	14.0
				Control/ usual care Patient education Patient financial incentive Individual counseling	Patient education Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	19 N: Zero Baseline rate: 26.0 Follow-up rate:	19 Zero 26.0	0.0
				Patient education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 10.0 Follow-up rate:	20 Zero 40.0	30.0
				Patient education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 10.0 Follow-up rate:	19 Zero 26.0	16.0
				Patient education Patient financial incentive Individual counseling Medications NRT: gum	Patient education Patient reminders Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 40.0 Follow-up rate:	19 Zero 26.0	-14.0
HUMERFEL 1998 Norway RCT	Adults under 65 only No vulnerable populations targeted Included: persons with other cessation-affecting conditions	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable Other system	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:3.5	1201 N: Zero Baseline rate: Follow-up rate:5.	1081 Zero 6	2.1
HURT 1994 USA RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Individual counseling Self-help	Individual counseling Medications NRT: patch Self-help	N: Baseline rate: No Follow-up rate:	95 N: ot reported Baseline rate: 14.2 Follow-up rate:	Not reported 27.5	13.3
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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristic		ARR
HURT	Under & over 65	Patients	Academic setting	Individual counseling	Individual counseling	N:	153 N:	153	7.2
1997	No vulnerable populations	1 attents	Mixed rural/urban/suburban	Self-help	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	7.2
USA	targeted		Outpatient, clinic	Sen neip	Self-help	Follow-up rate:	12.4 Follow-up rate:	19.6	
RCT	Excluded: persons with		Not applicable	Individual counseling	Individual counseling	N:	153 N:	153	10.5
	psychiatric comorbidity		**	Self-help	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	
					Self-help	Follow-up rate:	12.4 Follow-up rate:	22.9	
				Individual counseling	Individual counseling	N:	153 N:	156	10.7
				Self-help	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	
				_	Self-help	Follow-up rate:	12.4 Follow-up rate:	23.1	
				Individual counseling	Individual counseling	N:	153 N:	153	3.3
				AntiDepress	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Self-help	Follow-up rate:	19.6 Follow-up rate:	22.9	
				Individual counseling	Individual counseling	N:	153 N:	156	3.5
				AntiDepress	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Self-help	Follow-up rate:	19.6 Follow-up rate:	23.1	
				Individual counseling	Individual counseling	N:	153 N:	156	0.2
				AntiDepress	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Self-help	Follow-up rate:	22.9 Follow-up rate:	23.1	
HURT	Under & over 65	Patients	Academic setting	Control/ usual care	AntiDepress	N:	153 N:	153	8.0
1996	No vulnerable populations		Mixed rural/urban/suburban			Baseline rate:	Zero Baseline rate:	Zero	
USA	targeted		Outpatient, clinic			Follow-up rate:	12.0 Follow-up rate:	20.0	
RCT	No special exceptions for		Mixed	Control/ usual care	AntiDepress	N:	153 N:	153	11.0
	comorbidity					Baseline rate:	Zero Baseline rate:	Zero	
				0 1/	4	Follow-up rate:	12.0 Follow-up rate:	23.0	11.0
				Control/ usual care	AntiDepress	N:	153 N:	156	11.0
						Baseline rate:	Zero Baseline rate:	Zero	
				1 .75		Follow-up rate:	12.0 Follow-up rate:	23.0	2.0
				AntiDepress	AntiDepress	N:	153 N:	153	3.0
						Baseline rate:	Zero Baseline rate:	Zero	
				A 4TD	A CD	Follow-up rate:	20.0 Follow-up rate:	23.0	3.0
				AntiDepress	AntiDepress	N: Baseline rate:	153 N: Zero Baseline rate:	156 Zero	3.0
						Follow-up rate:	20.0 Follow-up rate:	23.0	
				AntiDepress	AntiDepress	N:	153 N:	156	0.0
				AntiDepress	AntiDepress	Baseline rate:	Zero Baseline rate:	Zero	0.0
						Follow-up rate:	23.0 Follow-up rate:	23.0	
IMPERIAL	Under & over 65	Patients	Nonacademic setting	Patient education	Patient education	N:	844 N:	842	2.7
CANCER	No vulnerable populations	1 attents	Mixed rural/urban/suburban	ationt oddeation	Medications NRT: patch	Baseline rate:	Zero Baseline rate:	Zero	2.1
RESEARCH	targeted AL No special exceptions for comorbidity		Outpatient, clinic Other system		wiedications NK1, paten	Follow-up rate:6.3	Follow-up rate:9.0	Zero	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervei Charact			ARR
JACOBS 1971 USA	Under & over 65 No vulnerable populations targeted	Patients	Not sure Not sure Outpatient, clinic	Control/ usual care Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	39 N: Not reported Baseline rate: 69.0 Follow-up rate:	Not reported 40.0	-29.0
RCT	No special exceptions for comorbidity		Not applicable	Control/ usual care Group therapy/counseling -	Group therapy/counseling - leader trained	N: Baseline rate:	39 N: Not reported Baseline rate:	13 Not reported	-15.0
				leader trained Control/ usual care Group therapy/counseling -	Medication other drug  Group therapy/counseling - leader trained	Follow-up rate: N: Baseline rate:	69.0 Follow-up rate: 39 N: Not reported Baseline rate:	54.0 19 Not reported	-22.0
				leader trained Control/ usual care	Medication other drug  Group therapy/counseling -	Follow-up rate: N:	69.0 Follow-up rate: 39 N:	47.0 18	-13.0
				Group therapy/counseling - leader trained Group therapy/counseling -	leader trained AntiDepress Group therapy/counseling -	Baseline rate: Follow-up rate: N:	Not reported Baseline rate: 69.0 Follow-up rate: 15 N:	Not reported 56.0	14.0
				leader trained	leader trained  Medication other drug	Baseline rate: Follow-up rate:	Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 54.0	14.0
				Group therapy/counseling - leader trained	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	15 N: Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 47.0	7.0
				Group therapy/counseling - leader trained	Group therapy/counseling - leader trained AntiDepress	N: Baseline rate: Follow-up rate:	15 N: Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 56.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	13 N: Not reported Baseline rate: 54.0 Follow-up rate:	Not reported 47.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained AntiDepress	N: Baseline rate: Follow-up rate:	13 N: Not reported Baseline rate: 54.0 Follow-up rate:	Not reported 56.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained AntiDepress	N: Baseline rate: Follow-up rate:	19 N: Not reported Baseline rate: 47.0 Follow-up rate:	Not reported 56.0	9.0
JAMROZIK 1984 UK RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician Other system	Placebo: gum	Medications NRT: gum	N: Baseline rate: Follow-up rate:8	97 N: Not reported Baseline rate:	Not reported 10.0	1.8

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JAMROZIK 1984 Other	Under & over 65 Low-income populations No special exceptions for	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	549 N: Zero Baseline rate: 10.6 Follow-up rate:	512 Zero 15.0	4.4
CCT	comorbidity		Other system	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	549 N: Zero Baseline rate: 10.6 Follow-up rate:	528 Zero 17.2	6.6
				Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	549 N: Zero Baseline rate: 10.6 Follow-up rate:	521 Zero 13.2	2.6
				Patient education Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	512 N: Zero Baseline rate: 15.0 Follow-up rate:	528 Zero 17.2	2.2
				Patient education Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	512 N: Zero Baseline rate: 15.0 Follow-up rate:	521 Zero 13.2	-1.8
				Patient education Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	528 N: Zero Baseline rate: 17.2 Follow-up rate:	521 Zero 13.2	-4.0
JANZ 1987 USA	Under & over 65 No vulnerable populations targeted	Patients Physicians Nurses	Academic setting Mainly urban/suburban Outpatient, physician	Control/ usual care	Provider education Provider reminders Individual counseling	N: Baseline rate: Follow-up rate:	106 N: Zero Baseline rate: 11.0 Follow-up rate:	69 Zero 14.0	3.0
CCT	No special exceptions for comorbidity		Mixed	Control/ usual care	Provider education Provider reminders Individual counseling Self-help	N: Baseline rate: Follow-up rate:	106 N: Zero Baseline rate: 11.0 Follow-up rate:	75 Zero 23.0	12.0
				Provider education Provider reminders Individual counseling	Provider education Provider reminders Individual counseling Self-help	N: Baseline rate: Follow-up rate:	69 N: Zero Baseline rate: 14.0 Follow-up rate:	75 Zero 23.0	9.0
JARVIK 1984 USA RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence	Patients	Not sure Mainly urban/suburban Outpatient, other Mixed	Individual counseling	Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: N Follow-up rate:	23 N: lot reported Baseline rate: 17.4 Follow-up rate:	25 Not reported 28.0	10.6
JASON 1989 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Not applicable Not applicable	Patient education	Patient education Patient financial incentive Group therapy/counseling - leader not trained	N: N Baseline rate: Follow-up rate:	lot reported N:  Zero Baseline rate:  16.0 Follow-up rate:	Not reported Zero 25.0	9.0
JASON 1987 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Communities	Nonacademic setting Mainly urban/suburban Not applicable Not applicable	MassMedia Self-help	Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: Follow-up rate:2.0	192 N: Zero Baseline rate: Follow-up rate:6.0	233 Zero	4.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Characte			ARR
JASON 1997 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other	Patient education Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	280 N: Not reported Baseline rate: 10.3 Follow-up rate:	281 Not reported 13.2	2.9
RCT	No special exceptions for comorbidity		Mixed	Patient education Self-help	Patient education Patient financial incentive Group therapy/counseling - leader not trained Self-help	N: Baseline rate: Follow-up rate:	280 N: Not reported Baseline rate: 10.3 Follow-up rate:	283 Not reported 18.2	7.9
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Group therapy/counseling - leader not trained Self-help	N: Baseline rate: Follow-up rate:	281 N: Not reported Baseline rate: 13.2 Follow-up rate:	Not reported 18.2	5.0
JASON 1995 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	283 N: Zero Baseline rate: 31.2 Follow-up rate:	281 Zero 11.0	-20.2
				Patient education Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient education Self-help	N: Baseline rate: Follow-up rate:	283 N: Zero Baseline rate: 31.2 Follow-up rate:5	Zero	-26.1
				Patient education Patient financial incentive Self-help	Patient education Self-help	N: Baseline rate: Follow-up rate:	281 N: Zero Baseline rate: 11.0 Follow-up rate:5	280 Zero .1	-5.9
JEFFERY 1990 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable Not applicable	Patient education Self-help	Patient education Patient financial incentive	N: Baseline rate: Follow-up rate:9	118 N: Not reported Baseline rate: 0.0 Follow-up rate:	6 Not reported 20.0	11.0
JENSEN 1991 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic	Control/ usual care Patient education Patient financial incentive	Patient education Medications NRT: gum	N: Baseline rate: Follow-up rate:	82 N: Zero Baseline rate: 34.2 Follow-up rate:	211 Zero 42.6	8.4
RCT	Excluded: persons with psychiatric comorbidity, persons with other		Other system	Control/ usual care Patient education Patient financial incentive	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	82 N: Zero Baseline rate: 34.2 Follow-up rate:	203 Zero 38.9	4.7
	cessation-affecting conditions			Patient education Medications NRT: gum	Patient education Medication other drug	N: Baseline rate: Follow-up rate:	211 N: Zero Baseline rate: 42.6 Follow-up rate:	203 Zero 38.9	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interver Characto			ARR
JENSEN 1990 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for	Patients	Academic setting Not sure Outpatient, clinic Other system	Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:	82 N: Not reported Baseline rate: 23.2 Follow-up rate:	Not reported 22.6	-0.6
	comorbidity		·	Patient education Group therapy/counseling - leader not trained	Patient education Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	82 N: Not reported Baseline rate: 23.2 Follow-up rate:	Not reported 23.4	0.2
				Patient education Group therapy/counseling - leader not trained Medication other drug	Patient education Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	203 N: Not reported Baseline rate: 22.6 Follow-up rate:	Not reported 23.4	0.8
JORENBY 1995 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 26.0 Follow-up rate:	80 Zero 34.0	8.0
	conditions			Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 26.0 Follow-up rate:	87 Zero 26.0	0.0
				Patient education Patient financial incentive Medications NRT: patch Self-help	Patient education Patient financial incentive Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 26.0 Follow-up rate:	84 Zero 26.0	0.0
				Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 26.0 Follow-up rate:	88 Zero 30.0	4.0
				Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 26.0 Follow-up rate:	80 Zero 25.0	-1.0
				Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	80 N: Zero Baseline rate: 34.0 Follow-up rate:	87 Zero 26.0	-8.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR
JORENBY 1995 USA RCT (continued)	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	Patient education Patient financial incentive Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	34.0 Follow-up rate:	84 Zero 26.0	-8.0
	conditions			Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		88 Zero 30.0	-4.0
				Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		80 Zero 25.0	-9.0
				Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	Patient education Patient financial incentive Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		84 Zero 26.0	0.0
				Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		88 Zero 30.0	4.0
				Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	26.0 Follow-up rate:	80 Zero 25.0	-1.0
				Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		88 Zero 30.0	4.0
				Patient education Patient financial incentive Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:		80 Zero 25.0	-1.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervei Charact			ARR
JORENBY 1995 USA RCT (continued)	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting conditions	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Patient reminders Individual counseling Medications NRT: patch Self-help	Patient financial incentive Patient reminders Group therapy/counseling - leader trained Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	88 N: Zero Baseline rate: 30.0 Follow-up rate:	80 Zero 25.0	
JORENBY 1999 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Individual counseling	Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	160 N: Not reported Baseline rate: 15.6 Follow-up rate:	Not reported 16.4	
RCT	Excluded: persons with psychiatric comorbidity, persons with other		Not applicable	Individual counseling	Individual counseling AntiDepress	N: Baseline rate: Follow-up rate:	160 N: Not reported Baseline rate: 15.6 Follow-up rate:	Not reported 30.3	14.7
	cessation-affecting conditions			Individual counseling	Individual counseling Medications NRT: patch AntiDepress	N: Baseline rate: Follow-up rate:	160 N: Not reported Baseline rate: 15.6 Follow-up rate:	245 Not reported 35.5	
				Individual counseling Medications NRT: patch	Individual counseling AntiDepress	N: Baseline rate: Follow-up rate:	244 N: Not reported Baseline rate: 16.4 Follow-up rate:	Not reported 30.3	13.9
				Individual counseling Medications NRT: patch	Individual counseling Medications NRT: patch AntiDepress	N: Baseline rate: Follow-up rate:	244 N: Not reported Baseline rate: 16.4 Follow-up rate:	Not reported 35.5	
				Individual counseling AntiDepress	Individual counseling Medications NRT: patch AntiDepress	N: Baseline rate: Follow-up rate:	244 N: Not reported Baseline rate: 30.3 Follow-up rate:	Not reported 35.5	5.2
JOSEPH 1996 USA RCT	Under & over 65 Other vulnerable populations Included: persons with other cessation-affecting conditions Excluded: persons with psychiatric comorbidity	Patients	Both academic and nonacademic Mixed rural/urban/suburban Outpatient, clinic Other system	Patient education Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	290 N: Not reported Baseline rate: 11.0 Follow-up rate:	294 Not reported 14.0	
KENFORD 1994 USA RCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with psychiatric comorbidity	Patients	Not sure Mainly urban/suburban Outpatient, other Mixed	Control/ usual care Patient education Patient reminders Group therapy/counseling - leader trained	Patient education Patient reminders Group therapy/counseling - leader trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	43 N: Not reported Baseline rate: 20.9 Follow-up rate:	Not reported 34.1	13.2
KENFORD 1994 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Not sure Mainly urban/suburban Outpatient, other Mixed	Control/ usual care Patient education Patient reminders Individual counseling	Patient education Patient reminders Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:7	55 N: Not reported Baseline rate: 7.3 Follow-up rate:	57 Not reported 17.5	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR
KILLEN 1997 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Self-help	Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	104 N: Zero Baseline rate: 10.0 Follow-up rate:	103 Zero 15.0	5.0
RCT	No special exceptions for comorbidity		Not applicable	Self-help	Self-help	N: Baseline rate: Follow-up rate:	104 N: Zero Baseline rate: 10.0 Follow-up rate:	108 Zero 10.0	0.0
				Self-help	Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	104 N: Zero Baseline rate: 10.0 Follow-up rate:7.0	109 Zero	-3.0
				Medications NRT: patch Self-help	Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.0 Follow-up rate:	108 Zero 10.0	-5.0
				Medications NRT: patch Self-help	Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.0 Follow-up rate:7.0	109 Zero	-8.0
				Self-help	Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:	108 N: Zero Baseline rate: 10.0 Follow-up rate:7.0	109 Zero	-3.0
KILLEN 1984 USA CCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	Patient financial incentive Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 23.0 Follow-up rate:	20 Zero 30.0	7.0
	conditions			Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 23.0 Follow-up rate:	22 Zero 50.0	27.0
				Patient financial incentive Group therapy/counseling - leader trained Medication other drug	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Medication other drug	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 30.0 Follow-up rate:	22 Zero 50.0	20.0
KORNITZE 1987 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable Not applicable	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	90 N: Zero Baseline rate: 32.2 Follow-up rate:	94 Zero 22.3	-9.9

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KORNITZE 1995 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with	Patients	Nonacademic setting Not sure Not applicable Not applicable	Patient education Patient financial incentive	Patient education Patient financial incentive Medications NRT: gum Medications NRT: patch	N: Baseline rate: Follow-up rate:	75 N: Zero Baseline rate: 13.3 Follow-up rate:	149 Zero 18.1	4.8
	psychiatric comorbidity, persons with other cessation-affecting			Patient education Patient financial incentive	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:	75 N: Zero Baseline rate: 13.3 Follow-up rate:	150 Zero 12.7	-0.6
	conditions			Patient education Patient financial incentive Medications NRT: gum Medications NRT: patch	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:	149 N: Zero Baseline rate: 18.1 Follow-up rate:	150 Zero 12.7	-5.4
KOTTKE 1989 USA	Under & over 65 No vulnerable populations targeted	Patients Physicians	Both academic and nonacademic Mainly urban/suburban	Control/ usual care	Provider education	N: Baseline rate: Follow-up rate:5.0	400 N: Not reported Baseline rate: Follow-up rate:5	660 Not reported .5	0.5
RCT	No special exceptions for comorbidity		Outpatient, physician Mixed	Control/ usual care	Provider education Self-help	N: Baseline rate: Follow-up rate:5.0	400 N: Not reported Baseline rate: Follow-up rate:5	593 Not reported .4	0.4
				Provider education	Provider education Self-help	N: Baseline rate: Follow-up rate:5.5	660 N: Not reported Baseline rate: Follow-up rate:5		-0.1
LANDO 1991 USA CBA	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Other provider	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Provider education Group therapy/counseling - leader trained	Provider education Group therapy/counseling - leader trained	N:	Not reported N: Not reported Baseline rate: 23.2 Follow-up rate:	Not reported Not reported 22.7	-0.5
LANDO 1990 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic	Patient education	Patient education	N: Baseline rate: Follow-up rate:	331 N: Zero Baseline rate: 12.1 Follow-up rate:	363 Zero 19.0	6.9
RCT	No special exceptions for comorbidity		Not applicable	Patient education	Patient education	N: Baseline rate: Follow-up rate:	331 N: Zero Baseline rate: 12.1 Follow-up rate:	347 Zero 22.2	10.1
				Patient education	Patient education	N: Baseline rate: Follow-up rate:	363 N: Zero Baseline rate: 19.0 Follow-up rate:	347 Zero 22.2	3.2
LANDO 1988 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting conditions	Patients Physicians	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician Mixed	Patient education Provider education Medications NRT: gum	Provider education Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	148 N: Zero Baseline rate: 22.0 Follow-up rate:	155 Zero 19.0	-3.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interven Characte			ARR
LANDO 1991	Under & over 65 No vulnerable populations	Patients	Nonacademic setting Mainly rural	Control/ usual care	Self-help	N: Baseline rate:	170 N: Zero Baseline rate:	200 Zero	-1.5
USA RCT	targeted No special exceptions for comorbidity		Not applicable Not applicable	Control/ usual care	Self-help	N: Baseline rate: Follow-up rate:	10.0 Follow-up rate:8 170 N: Zero Baseline rate: 10.0 Follow-up rate:	200 Zero 10.0	0.0
				Self-help	Self-help	N: Baseline rate: Follow-up rate:8.	200 N: Zero Baseline rate:	200 Zero 10.0	1.5
LANDO 1997 USA	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic	Patient education Medications NRT: patch	Patient education Medications NRT: patch	N: Baseline rate: Follow-up rate:	174 N: Zero Baseline rate: 14.0 Follow-up rate:	173 Zero 13.0	-1.0
RCT	Excluded: persons with psychiatric comorbidity, persons with other		НМО	Patient education Medications NRT: patch	Patient education Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	174 N: Zero Baseline rate: 14.0 Follow-up rate:	162 Zero 13.0	-1.0
	cessation-affecting conditions			Patient education Medications NRT: patch	Patient education Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	173 N: Zero Baseline rate: 13.0 Follow-up rate:	162 Zero 13.0	
LANDO 1981 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Follow-up rate:	24 N: Not reported Baseline rate: 46.0 Follow-up rate:	Not reported 17.0	-29.0
	comorbidity			Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:	24 N: Not reported Baseline rate: 46.0 Follow-up rate:	Not reported 19.0	-27.0
				Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader not trained Self-help	N: Baseline rate: Follow-up rate:	24 N: Not reported Baseline rate: 46.0 Follow-up rate:	Not reported 19.0	-27.0
				Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	N: Baseline rate: Follow-up rate:	20 N: Not reported Baseline rate: 17.0 Follow-up rate:	Not reported 19.0	2.0
				Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader not trained Self-help	N: Baseline rate: Follow-up rate:	20 N: Not reported Baseline rate: 17.0 Follow-up rate:	Not reported 19.0	2.0
				Patient education Patient financial incentive Group therapy/counseling - leader not trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader not trained Self-help	N: Baseline rate: Follow-up rate:	23 N: Not reported Baseline rate: 19.0 Follow-up rate:	Not reported 19.0	
Narrative Project Do RCT = randomiz CCT = controlle		y a PRO number,	CBA = control	lled before – and – after study States of America					

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention Characteristic	_	ARR
LEDWITH 1984 UK	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:1.7	459 N: Zero Baseline rate: Follow-up rate:1.9	481 Zero	0.2
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Patient reminders Individual counseling Self-help	N: Baseline rate: Follow-up rate:1.7	459 N: Zero Baseline rate: Follow-up rate:3.9	899 Zero	2.2
				Patient education Self-help	Patient education Patient reminders Individual counseling Self-help	N: Baseline rate: Follow-up rate:1.9	481 N: Zero Baseline rate: Follow-up rate:3.9	899 Zero	2.0
LEISCHOW 1996 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Individual counseling Medication other drug	N: Baseline rate: Follow-up rate:5.0	110 N: Zero Baseline rate: Follow-up rate:	110 Zero 11.0	6.0
LEUNG 1991 Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Not applicable Not applicable	Control/ usual care	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:3.7	27 N: Zero Baseline rate: Follow-up rate:	27 Zero 33.3	29.6
LEWIS 1998 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Hospital	Individual counseling Self-help	Individual counseling Medications NRT: patch	N: Baseline rate: Not re Follow-up rate:4.9	61 N: ported Baseline rate: Not Follow-up rate:9.7	62 reported	4.8
RCT	Excluded: persons with psychiatric comorbidity, persons with other		Mixed	Individual counseling Self-help	Individual counseling	N: Baseline rate: Not re Follow-up rate:4.9	61 N: ported Baseline rate: Not Follow-up rate:6.5	62 reported	1.6
	cessation-affecting conditions			Individual counseling Medications NRT: patch	Individual counseling	N: Baseline rate: Not re Follow-up rate:9.7	62 N: ported Baseline rate: Not Follow-up rate:6.5	62 reported	-3.2
LI 1984 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians	Nonacademic setting Mainly urban/suburban Outpatient, other Mixed	Patient education Provider education	Provider education Individual counseling	N: Baseline rate: Not re Follow-up rate:3.6	361 N: eported Baseline rate: Not Follow-up rate:8.4	215 reported	4.8

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RCT = randomized clinical trial

CBA = controlled before – and – after study

USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention Characterist			ARR
LINDSAY 1989 Canada	Under & over 65 No vulnerable populations targeted	Patients Physicians	Academic setting Mixed rural/urban/suburban Outpatient, physician	Control/ usual care	Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:4.4	601 N: Zero Baseline rate: Follow-up rate:6.1	726 Zero	1.7
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Provider education Patient financial incentive Prov.Fin Provider reminders Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:4.4	601 N: Zero Baseline rate: Follow-up rate:8.8	606 Zero	4.4
				Individual counseling Medications NRT: gum	Provider education Patient financial incentive Prov.Fin Provider reminders Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:6.1	726 N: Zero Baseline rate: Follow-up rate:8.8	606 Zero	2.7
LOWE 1980 USA CCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Self-help	N: Baseline rate: No Follow-up rate:	15 N: ot reported Baseline rate: 1 33.0 Follow-up rate:	Not reported 13.0	-20.0
LOWE 1980 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Self-help	N: Baseline rate: No Follow-up rate:	14 N: ot reported Baseline rate: 1 29.0 Follow-up rate:	Not reported 27.0	-2.0
CCT	No special exceptions for comorbidity		Mixed	Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Self-help	Follow-up rate:	29.0 Follow-up rate:8.0		-21.0
				Group therapy/counseling - leader not trained Self-help	Group therapy/counseling - leader not trained Self-help	N: Baseline rate: No Follow-up rate:	27.0 Follow-up rate:8.0	Not reported	
MALCOLM 1980 Other RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Control/ usual care Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	74 N: Zero Baseline rate: 14.0 Follow-up rate:	73 Zero 23.0	9.0
	comorbidity			Control/ usual care Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	74 N: Zero Baseline rate: 14.0 Follow-up rate:5.0	63 Zero	-9.0
				Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	73 N: Zero Baseline rate: 23.0 Follow-up rate:5.0	63 Zero	-18.0
MARSHALL 1985 Other CCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mainly rural Outpatient, physician Other system	Medications NRT: gum	Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	100 N: Zero Baseline rate: 14.0 Follow-up rate:	100 Zero 17.0	
Narrative Project Do RCT = randomi CCT = controlle		y a PRO number,	CBA = control	led before – and – after study States of America					

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervei Charact			ARR
MARTIN 1997 USA RCT	Under & over 65 Other vulnerable populations Included: persons with high nicotine dependence	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Group therapy/counseling - leader trained Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	70 N: Not reported Baseline rate: 26.0 Follow-up rate:	72 Not reported 27.0	1.0
				Patient financial incentive Group therapy/counseling - leader trained Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	70 N: Not reported Baseline rate: 26.0 Follow-up rate:	Not reported 27.0	1.0
				Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	72 N: Not reported Baseline rate: 27.0 Follow-up rate:	Not reported 27.0	0.0
MCDOWELL 1985 Canada	Under & over 65 No vulnerable populations targeted	Patients Physicians	Nonacademic setting Not sure Outpatient, physician	Control/ usual care	Patient reminders Individual counseling Provider education	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	87 Zero 14.9	0.8
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	84 Zero 16.7	2.6
				Control/ usual care	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	87 Zero 17.2	3.1
				Patient reminders Individual counseling Provider education	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	87 N: Zero Baseline rate: 14.9 Follow-up rate:	84 Zero 16.7	1.8
				Patient reminders Individual counseling Provider education	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	87 N: Zero Baseline rate: 14.9 Follow-up rate:	87 Zero 17.2	2.3
				Group therapy/counseling - leader trained	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	84 N: Zero Baseline rate: 16.7 Follow-up rate:	87 Zero 17.2	0.5
MCFALL 1993 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Communities	Nonacademic setting Mainly urban/suburban Not applicable Not applicable	MassMedia Self-help	Patient education MassMedia Self-help	N: Baseline rate: Follow-up rate:	438 N: Zero Baseline rate: 24.0 Follow-up rate:	873 Zero 20.6	-3.4
MCGOVERN 1992 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Not sure Not sure Outpatient, clinic Not applicable	Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	127 N: Not reported Baseline rate: 31.5 Follow-up rate:	Not reported 34.9	3.4
MOGIELNI 1986 USA CCT	Adults under 65 only Other vulnerable populations Excluded: persons with psychiatric comorbidity	Patients Psychologist	Academic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Provider education Group therapy/counseling - leader trained	Patient education	N: Baseline rate: Follow-up rate:	72 N: Not reported Baseline rate: 23.5 Follow-up rate:	Not reported 13.1	-10.4

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CBA = controlled before – and – after study
USA = United States of America

CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventio Characteris		-	ARR
MORGAN 1996 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Physicians Other provider Organizations	Both academic and nonacademic Mainly urban/suburban Outpatient, physician Mixed	Provider education	Patient education Provider education Detailing Patient reminders Individual counseling Medications NRT: gum Organizational change	N: Baseline rate: No Follow-up rate:8.2	380 N: fot reported Baseline rate: Follow-up rate:	279 Not reported 15.4	7.2
MOTHERSI 1988 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Not sure Outpatient, physician	Control/ usual care Self-help	Individual counseling	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	85 Zero 14.1	0.0
RCT	No special exceptions for comorbidity		Other system	Control/ usual care Self-help	Patient education Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	84 Zero 16.7	2.6
				Control/ usual care Self-help	Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	78 N: Zero Baseline rate: 14.1 Follow-up rate:	86 Zero 17.4	3.3
				Individual counseling	Patient education Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 14.1 Follow-up rate:	84 Zero 16.7	2.6
				Individual counseling	Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	85 N: Zero Baseline rate: 14.1 Follow-up rate:	86 Zero 17.4	3.3
				Patient education Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	84 N: Zero Baseline rate: 16.7 Follow-up rate:	86 Zero 17.4	0.7
MRFIT 1982 USA RCT	Adults under 65 only  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic Mixed	Control/ usual care	Group therapy/counseling - leader not trained Individual counseling	N: Baseline rate: Follow-up rate:	4091 N: Zero Baseline rate: 12.0 Follow-up rate:	4103 Zero 31.0	19.0
NAKAMURA 1990 Other CCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Self-help	N: Baseline rate: No Follow-up rate:	30 N: ot reported Baseline rate: 16.7 Follow-up rate:	Not reported 43.3	26.6
NEBOT 1992 Other	Under & over 65 Low-income populations No special exceptions for	Patients	Nonacademic setting Mainly urban/suburban Outpatient, physician	Patient education Individual counseling	Patient education Patient financial incentive Individual counseling	N: Baseline rate: Follow-up rate:4.4	175 N: Zero Baseline rate: Follow-up rate:5.	93 Zero	0.9
CCT	comorbidity		Other system	Patient education Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:4.4	175 N: Zero Baseline rate: Follow-up rate:6.		1.6
				Patient education Patient financial incentive Individual counseling	Patient education Individual counseling	N: Baseline rate: Follow-up rate:5.3	93 N: Zero Baseline rate: Follow-up rate:6.	Zero 0	0.7

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RCT = randomized clinical trial

CBA = controlled before – and – after study
USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
NEVID 1997 USA RCT	Under & over 65 Hispanic persons, Low-income populations No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Mixed	Patient education Individual counseling Self-help	Group therapy/counseling - leader trained Individual counseling Medication other drug Self-help	N: 54 N: 39 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 7.0 Follow-up rate: 8.0	1.0
NIAURA 1994 USA RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence	Patients	Not sure Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Individual counseling Self-help	Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	N: 40 N: 37 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:7.5 Follow-up rate:2.7	-4.8
	Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions			Patient education Individual counseling Self-help	Patient education Individual counseling Self-help	N: 40 N: 49 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 7.5 Follow-up rate: 2.0	5.5
				Patient education Individual counseling Self-help	Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	N: 40 N: 47 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 7.5 Follow-up rate: 8.5	1.0
				Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	Patient education Individual counseling Self-help	N: 37 N: 49 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:2.7 Follow-up rate:2.0	0.7
				Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	N: 37 N: 47 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:2.7 Follow-up rate:8.5	5.8
				Patient education Individual counseling Self-help	Patient education Patient financial incentive Individual counseling Medications NRT: gum Self-help	N: 49 N: 47 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:2.0 Follow-up rate:8.5	0.5

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interven Characte			ARR
NYBORG 1986 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic	Self-help	Individual counseling	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	Not reported 25.0	25.0
RCT	No special exceptions for comorbidity		Mixed	Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	8 Not reported Zero	
				Self-help	Individual counseling	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	8 Not reported 12.5	12.5
				Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	8 Not reported Zero	0.0
				Individual counseling	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: 25.0 Follow-up rate:	8 Not reported Zero	-25.0
				Individual counseling	Individual counseling	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: 25.0 Follow-up rate:	Not reported 12.5	-12.5
				Individual counseling	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: 25.0 Follow-up rate:	8 Not reported Zero	-25.0
				Individual counseling Self-help	Individual counseling	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	8 Not reported 12.5	
				Individual counseling Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: Zero Follow-up rate:	8 Not reported Zero	
				Individual counseling	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	8 N: Not reported Baseline rate: 12.5 Follow-up rate:	8 Not reported Zero	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
OCKENE 1991 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Physicians	Academic setting Mainly urban/suburban Outpatient, physician Mixed	Patient education Provider education Individual counseling	Patient education Provider education Patient reminders Individual counseling Self-help	N: 464 N: 420 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 11.9	d 9
				Patient education Provider education Individual counseling	Patient education Provider education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum Self-help	N: 464 N: 402 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 9.1 Follow-up rate: 17.4	d
				Patient education Provider education Patient reminders Individual counseling Self-help	Patient education Provider education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum Self-help	N: 420 N: 402  Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 11.9 Follow-up rate: 17.4	1 4
OCKENE 1994 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for	No vulnerable populations Physicians Mixed rural/urban/suburban Outpatient, physician Individual No special exceptions for comorbidity Mixed Provident Patier	ysicians Mixed rural/urban/suburban Outpatient, physician	Provider education Patient reminders Individual counseling	Provider education Patient reminders Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Zero Baseline rate: Zero Follow-up rate: 7.8	
	comorbidity		Provider education Patient reminders Individual counseling	Provider education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum Self-help	N: Not reported N: Not reported Baseline rate: Zero Baseline rate: Zero Follow-up rate: 10.0	)	
				Provider education Patient reminders Individual counseling Self-help	Provider education Patient financial incentive Patient reminders Individual counseling Medications NRT: gum Self-help	N: Not reported N: Not reported Baseline rate: Zero Baseline rate: Zero Follow-up rate: 10.0	0
OMENN 1988 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, other	Self-help	Patient education Medication other drug Self-help	N: 136 N: 127 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 19.1 Follow-up rate: 19.7	d
RCT	No special exceptions for comorbidity		Mixed	Self-help	Group therapy/counseling - leader trained Self-help	N: 136 N: 136 N: 139 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 19.1 Follow-up rate: 21.6	d
				Patient education Medication other drug Self-help	Group therapy/counseling - leader trained Self-help	N: 127 N: 139 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 19.7 Follow-up rate: 21.6	d

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Interventio Characteri	-	ARR
ORLEANS 1991 USA	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Not applicable	Patient education	Patient reminders Self-help	N: Baseline rate: Not rep Follow-up rate:	508 N: ported Baseline rate: N 11.2 Follow-up rate:9.1	502 Not reported	-2.1
RCT	No special exceptions for comorbidity		НМО	Patient education	Patient reminders Self-help	N:	508 N:	501 Not reported 10.7	-0.5
				Patient education	Patient reminders Individual counseling Self-help	N: Baseline rate: Not rep Follow-up rate:	508 N:	510 Not reported 18.1	6.9
				Patient reminders Self-help	Patient reminders Self-help	N:	502 N:	501 Not reported 10.7	
				Patient reminders Self-help	Patient reminders Individual counseling Self-help	Follow-up rate:9.1	Follow-up rate:	510 Not reported 18.1	
				Patient reminders Self-help	Patient reminders Individual counseling Self-help	N: Baseline rate: Not rep Follow-up rate:	10.7 Follow-up rate:	510 Not reported 18.1	
ORLEANS USA RCT	65 years + only Low-income populations No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Not applicable Mixed	Medications NRT: patch	Patient education Medications NRT: patch Self-help			Not reported Not reported 40.0	7.0
OSSIP 1997 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Organizations	Academic setting Mainly urban/suburban Not applicable Not applicable	Patient education Patient reminders Individual counseling Organizational change	Patient education Individual counseling Organizational change	N: Baseline rate: Not rep Follow-up rate:	85 N: ported Baseline rate: N 20.0 Follow-up rate:	92 Not reported 19.6	-0.4
OSSIP-KL 1991 USA RCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mixed rural/urban/suburban Not applicable Not applicable	Self-help	Patient education Individual counseling Self-help	N: Baseline rate: Not rej Follow-up rate:4.0	919 N: ported Baseline rate: N Follow-up rate:6.6	894 Not reported	2.6
OWEN 1989 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable	Patient education	Patient education Self-help	N: Baseline rate: Follow-up rate:7.5	40 N: Zero Baseline rate: Follow-up rate:	86 Zero 18.0	
RCT	No special exceptions for comorbidity		Not applicable	Patient education	Patient education Self-help	N: Baseline rate: Follow-up rate:7.5	40 N: Zero Baseline rate: Follow-up rate:	82 Zero 10.0	
				Patient education Self-help	Patient education Self-help	N: Baseline rate: Follow-up rate:	86 N: Zero Baseline rate: 18.0 Follow-up rate:	82 Zero 10.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR
PAGE 1986 Other	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Not sure Outpatient, physician	Control/ usual care	Individual counseling	N: Baseline rate: Follow-up rate:8.1	62 N: Zero Baseline rate: Follow-up rate:8.9	90 Zero	0.8
CCT	No special exceptions for comorbidity		Other system	Control/ usual care	Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:8.1	62 N: Zero Baseline rate: Follow-up rate:	75 Zero 12.0	3.9
				Individual counseling	Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:8.9	90 N: Zero Baseline rate: Follow-up rate:	75 Zero 12.0	3.1
PALLONEN 1994 Other CBA	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Not applicable Not applicable	Control/ usual care	Self-help	N: Baseline rate: Follow-up rate:6.0	116 N: Zero Baseline rate: Follow-up rate:	149 Zero 10.0	4.0
PAOLETTI 1996 Other	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Patient education	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:9.0	17 N: Zero Baseline rate: Follow-up rate:	29 Zero 28.0	19.0
RCT	Excluded: persons with psychiatric comorbidity		Other system	Patient education	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:9.0	17 N: Zero Baseline rate: Follow-up rate:	32 Zero 11.0	2.0
				Patient education	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:9.0	17 N: Zero Baseline rate: Follow-up rate:9.0	19 Zero	0.0
				Patient education Patient financial incentive Medications NRT: patch	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:	29 N: Zero Baseline rate: 28.0 Follow-up rate:	32 Zero 11.0	-17.0
				Patient education Patient financial incentive Medications NRT: patch	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:	29 N: Zero Baseline rate: 28.0 Follow-up rate:9.0	19 Zero	-19.0
				Patient education Patient financial incentive Medications NRT: patch	Patient education Patient financial incentive Medications NRT: patch	N: Baseline rate: Follow-up rate:	32 N: Zero Baseline rate: 11.0 Follow-up rate:9.0	19 Zero	-2.0
PATTEN 1998 USA CCT	Adults under 65 only  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:6.3	16 N: Zero Baseline rate: Follow-up rate:	13 Zero 23.1	16.8
PEDERSON 1983 Other CCT	Under & over 65 No vulnerable populations targeted Included: persons with other cessation-affecting conditions	Patients	Nonacademic setting Mainly urban/suburban Outpatient, not phys. Other system	Control/ usual care Patient education	Patient education Self-help	N: Baseline rate: Follow-up rate:	39 N: Zero Baseline rate: 25.6 Follow-up rate:	30 Zero 16.7	-8.9

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USA = United States of America

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervent Charactei			ARR
PEDERSON 1981 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Not sure Outpatient, clinic	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:	9 N: Zero Baseline rate: Zero Follow-up rate:	15 Zero 27.8	27.8
RCT	No special exceptions for comorbidity		Not applicable	Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:	9 N: Zero Baseline rate: Zero Follow-up rate:	13 Zero 23.0	23.0
				Patient education Self-help	Patient education Self-help	N: Baseline rate: Follow-up rate:	15 N: Zero Baseline rate: 27.8 Follow-up rate:	13 Zero 23.0	-4.8
PIERCE 1998 USA ITS	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Organizations Communities	Nonacademic setting Mixed rural/urban/suburban Not applicable Not applicable	Control/ usual care	Patient education Patient financial incentive MassMedia Org.Reg	N: Baseline rate: Follow-up rate:	46422 N: 73.8 Baseline rate: 77.2 Follow-up rate:	12827 76.7 82.0	1.9
PIRIE 1992 USA RCT	Adults under 65 only No vulnerable populations targeted Included: persons with concerns	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	103 N: Not reported Baseline rate: 14.6 Follow-up rate:	Not reported 31.5	16.9
	about weight gain Excluded: persons with psychiatric comorbidity, persons with other			Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	103 N: Not reported Baseline rate: 14.6 Follow-up rate:	Not reported 23.1	8.5
	persons with other cessation-affecting conditions	on-affecting	Patient financial incentive Group therapy/counseling - leader trained	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	103 N: Not reported Baseline rate: 14.6 Follow-up rate:	98 Not reported 14.3	-0.3	
				Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Self-help	N: Baseline rate: Follow-up rate:	108 N: Not reported Baseline rate: 31.5 Follow-up rate:	Not reported 23.1	-8.4
				Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	108 N: Not reported Baseline rate: 31.5 Follow-up rate:	98 Not reported 14.3	-17.2
				Patient financial incentive Group therapy/counseling - leader trained Self-help	Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:	108 N: Not reported Baseline rate: 23.1 Follow-up rate:	98 Not reported 14.3	-8.8
PORTER 1972 Other RCT	Under & over 65 Low-income populations No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician Other system	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:4.4	90 N: Zero Baseline rate: Follow-up rate:5	101 Zero	0.6

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RCT = randomized clinical trial

CBA = controlled before – and – after study

USA = United States of America

Year Country Design	targeted Comorbidities included or excluded	Target(s)	Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interven Characte			ARR
POWELL 1981 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients	Not sure Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Medication other drug Self-help	Patient education Group therapy/counseling - leader not trained Medication other drug Self-help	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 65.0 Follow-up rate:	Not reported 65.0	0.0
				Patient education Medication other drug Self-help	Patient education Individual counseling Medication other drug Self-help	Follow-up rate:	17 N: Not reported Baseline rate: 65.0 Follow-up rate:	Not reported 59.0	
				Patient education Group therapy/counseling - leader not trained Medication other drug Self-help	Patient education Individual counseling Medication other drug Self-help	N: Baseline rate: Follow-up rate:	17 N: Not reported Baseline rate: 65.0 Follow-up rate:	Not reported 59.0	-6.0
PROCHASK 1993 USA	Under & over 65 No vulnerable populations targeted	Patients	Not sure Mainly urban/suburban Not applicable	Self-help	Self-help	N: Baseline rate: Follow-up rate:5.	Not reported N: Zero Baseline rate: 0 Follow-up rate:7	Not reported Zero	2.2
RCT	No special exceptions for comorbidity		Not applicable	Self-help	Self-help	N: Baseline rate: Follow-up rate:5.	Not reported N:  Zero Baseline rate:  0 Follow-up rate:	Not reported Zero 14.0	9.0
				Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:5.	Not reported N: Zero Baseline rate:	Not reported Zero 11.0	6.0
				Self-help	Self-help	N: Baseline rate: Follow-up rate:7.	Not reported N: Zero Baseline rate:	Not reported Zero 14.0	6.8
				Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:7.	Not reported N: Zero Baseline rate:	Not reported Zero 11.0	3.8
				Self-help	Individual counseling Self-help	N: Baseline rate: Follow-up rate:	Not reported N:  Zero Baseline rate: 14.0 Follow-up rate:	Not reported Zero 11.0	-3.0
PRUE 1983 USA RCT	Under & over 65 Other vulnerable populations Included: persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Not applicable Other system	Control/ usual care	Self-help Individual counseling	N: Baseline rate: Follow-up rate:	10 N: Zero Baseline rate: 10.0 Follow-up rate:	30 Zero 27.0	17.0
PUSKA 1979 Other RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Not sure Not sure Outpatient, clinic Other system	Control/ usual care Patient education	Medications NRT: gum	N: Baseline rate: Follow-up rate:	76 N: Not reported Baseline rate: 28.0 Follow-up rate:	Not reported 35.0	7.0
PUSKA 1995 Other RCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Patient education Medications NRT: gum	Patient education Medications NRT: gum Medications NRT: patch	N: Baseline rate: Follow-up rate:	150 N: Not reported Baseline rate: 17.3 Follow-up rate:	Not reported 24.0	

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventi Character			ARR
RABKIN 1984 Canada	Adults under 65 only No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	33 N: Not reported Baseline rate: Zero Follow-up rate:	Not reported 32.0	32.0
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	33 N: Not reported Baseline rate: Zero Follow-up rate:	38 Not reported 37.0	37.0
				Control/ usual care	Hypnosis	N: Baseline rate: Follow-up rate:	33 N: Not reported Baseline rate: Zero Follow-up rate:	38 Not reported 29.0	29.0
				Patient education Individual counseling	Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	31 N: Not reported Baseline rate: 32.0 Follow-up rate:	38 Not reported 37.0	5.0
				Patient education Individual counseling	Hypnosis	N: Baseline rate: Follow-up rate:	31 N: Not reported Baseline rate: 32.0 Follow-up rate:	38 Not reported 29.0	-3.0
				Group therapy/counseling - leader trained	Hypnosis	N: Baseline rate: Follow-up rate:	38 N: Not reported Baseline rate: 37.0 Follow-up rate:	Not reported 29.0	-8.0
RESNICOW 1997 USA	Under & over 65 African Americans, Low-income populations	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic	Patient education Patient financial incentive	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:7.9	504 N: Zero Baseline rate: Follow-up rate:8	449 Zero .9	1.0
RCT	Included: persons with other cessation-affecting conditions		Not applicable	Patient education Patient financial incentive	Patient education Patient financial incentive Patient reminders Self-help	N: Baseline rate: Follow-up rate:7.9	504 N: Zero Baseline rate: Follow-up rate:	201 Zero 16.4	8.5
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Patient reminders Self-help	N: Baseline rate: Follow-up rate:8.9	449 N: Zero Baseline rate: Follow-up rate:	201 Zero 16.4	7.5
RICHMOND 1994 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting conditions	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care Patient financial incentive Group therapy/counseling - leader not trained	Patient financial incentive Group therapy/counseling - leader not trained Medications NRT: patch	N: Baseline rate: Follow-up rate:	79 N: Zero Baseline rate: 14.0 Follow-up rate:	128 Zero 33.0	
RICHMOND 1997 Other RCT	Under & over 65 No vulnerable populations targeted Included: persons with concerns about weight gain	Patients	Not sure Mainly urban/suburban Outpatient, clinic Other system	Group therapy/counseling - leader not trained	Group therapy/counseling - leader not trained Medications NRT: patch	N: Baseline rate: Follow-up rate:9.0	152 N: Not reported Baseline rate: Follow-up rate:	Not reported 19.0	10.0
RICHMOND 1986 Other CCT	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Not sure Outpatient, physician Other system	Control/ usual care	Patient education Individual counseling Self-help	N: Baseline rate: Follow-up rate:2.0	100 N: Zero Baseline rate: Follow-up rate:	100 Zero 23.0	

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RCT = randomized clinical trial CB

CBA = controlled before – and – after study
USA = United States of America

CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2		Intervention 2 Characteristics	ARR
RICHMOND 1990 Australia RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Not sure Outpatient, physician Other system	Control/ usual care	Patient education Individual counseling Self-help	N: 100 N: Baseline rate: Not reported Baseline Follow-up rate:8.0 Follow-u		1 20.0
RICHMOND Australia	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Not sure Outpatient, physician	Patient education Individual counseling Medications NRT: gum	Patient education Individual counseling Self-help	N: 100 N: Baseline rate: Not reported Baseline Follow-up rate: 12.0 Follow-u	ıp rate: 18.0	1
RCT	No special exceptions for comorbidity		Other system	Patient education Individual counseling Medications NRT: gum	Patient education Individual counseling Medications NRT: gum Self-help	N: 100 N: Baseline rate: Not reported Baseline Follow-up rate: 12.0 Follow-u	ip rate: 19.0	1
				Patient education Individual counseling Self-help	Patient education Individual counseling Medications NRT: gum Self-help	N: 150 N: Baseline rate: Not reported Baseline Follow-up rate: 18.0 Follow-u	1	ı
RIGOTTI 1997 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients Physicians	Academic setting Mainly urban/suburban Hospital & outpatient Mixed	Control/ usual care	Provider reminders Individual counseling Self-help	N: 308 N: Baseline rate: Not reported Baseline Follow-up rate:8.7 Follow-t	307 rate: Not reported up rate:8.1	
RIMER 1994 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Not sure Not sure Not applicable Not applicable	Patient education	Patient education Individual counseling	N: 642 N: Baseline rate: Zero Baseline Follow-up rate: 15.0 Follow-u		,
RIMER 1994 USA	Under & over 65 No vulnerable populations targeted	Patients Organizations	Nonacademic setting Mixed rural/urban/suburban Not applicable	Control/ usual care Medications NRT: gum Organizational change	Medications NRT: gum Self-help	N: 537 N: Baseline rate: Not reported Baseline Follow-up rate: 15.0 Follow-u		l
RCT	No special exceptions for comorbidity		Not applicable	Control/ usual care Medications NRT: gum Organizational change	Individual counseling Medications NRT: gum Self-help	N: 537 N: Baseline rate: Not reported Baseline Follow-up rate: 15.0 Follow-u	ıp rate: 19.0	1
				Medications NRT: gum Self-help	Individual counseling Medications NRT: gum Self-help	N: 511 N: Baseline rate: Not reported Baseline Follow-up rate: 20.0 Follow-u	1	ı
RISSER 1990 USA RCT	Under & over 65 Other vulnerable populations Included: persons with proximity to other smokers, persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, other Other system	Patient reminders Individual counseling Self-help	Patient education Patient reminders Individual counseling Self-help	N: 45 N: Baseline rate: Zero Baseline Follow-up rate:6.7 Follow-t		,
ROSAL 1998 USA RCT	Under & over 65 No vulnerable populations targeted Included: persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Hospital & outpatient Mixed	Individual counseling	Individual counseling	N: 78 N: Baseline rate: Not reported Baseline Follow-up rate: 40.0 Follow-u		l · · · ·

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CBA = controlled before – and – after study USA = United States of America

CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Interver Charact		ARR
ROSE 1978 UK RCT	Adults under 65 only No vulnerable populations targeted Included: persons with other cessation-affecting conditions Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, physician Other system	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	731 N: Zero Baseline rate: 10.1 Follow-up rate:	714 Zero 51.0	40.9
ROSE 1994 USA RCT	Adults under 65 only No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Individual counseling Medications NRT: patch Self-help	Individual counseling Medications NRT: patch Mecamylamine Self-help	N: Baseline rate: Not r Follow-up rate:4.2	24 N: reported Baseline rate: Follow-up rate:	Not reported 37.5	33.3
ROSE 1996 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Academic setting Mixed rural/urban/suburban Outpatient, other Other system	Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 17.5 Follow-up rate:	12 Zero 17.5	0.0
	No special exceptions for comorbidity		·	Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 17.5 Follow-up rate:	12 Zero 33.0	15.5
				Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 17.5 Follow-up rate:	12 Zero 41.5	24.0
			Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 17.5 Follow-up rate:	12 Zero 33.0	15.5	
				Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 17.5 Follow-up rate:	12 Zero 41.5	24.0
				Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	12 N: Zero Baseline rate: 33.0 Follow-up rate:	12 Zero 41.5	8.5

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RCT = randomized clinical trial

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventi Characteri			ARR												
ROSE 1996 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Academic setting Not sure Outpatient, clinic Not applicable	Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 15.5 Follow-up rate:	20 Zero 20.0	4.5												
	comorbidity			Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 15.5 Follow-up rate:	20 Zero 15.5	0.0												
				Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 15.5 Follow-up rate:	20 Zero 40.0	24.5												
					Patient education Patient Patient financial incentive Patient Individual counseling Individual Medications NRT: patch Medica	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 20.0 Follow-up rate:	20 Zero 15.5	-4.5											
				Patient education Patient financial incentive Individual counseling Medications NRT: patch	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 20.0 Follow-up rate:	20 Zero 40.0	20.0												
				Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	Patient education Patient financial incentive Individual counseling Medications NRT: patch Mecamylamine	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 15.5 Follow-up rate:	20 Zero 40.0	24.5												
ROSSER 1984 Canada	Under & over 65 No vulnerable populations targeted	Patients	Both academic and nonacademic Mainly urban/suburban	Control/ usual care	Individual counseling Self-help		Not reported N: Not reported Baseline rate: 16.5 Follow-up rate:	Not reported Not reported 12.0	-4.5												
RCT	No special exceptions for comorbidity		Outpatient, physician Other system	Control/ usual care	Patient education		Not reported N: Not reported Baseline rate: 16.5 Follow-up rate:	Not reported Not reported 20.5	4.0												
				Control/ usual care	Group therapy/counseling - leader trained		Not reported N: Not reported Baseline rate: 16.5 Follow-up rate:	Not reported Not reported 18.5	2.0												
																Individual counseling Self-help	Patient education	N: N	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate:	Not reported Not reported 20.5	8.5
				Individual counseling Self-help	Group therapy/counseling - leader trained	N: N	Not reported N: Not reported Baseline rate: 12.0 Follow-up rate:	Not reported Not reported 18.5	6.5												
				Patient education	Group therapy/counseling - leader trained	N: N	Not reported N: Not reported Baseline rate: 20.5 Follow-up rate:	Not reported Not reported 18.5	-2.0												
*Narrative Project Do RCT = randomiz CCT = controlled		y a PRO number, i	CBA = control	lled before – and – after study States of America																	

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervent Character		-	ARR
RUSSELL 1979 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, physician	Control/ usual care Patient reminders	Patient reminders	N: Baseline rate: Follow-up rate:	340 N: Not reported Baseline rate: 10.3 Follow-up rate:	430 Not reported 14.0	3.7
CCT	No special exceptions for comorbidity		Other system	Control/ usual care Patient reminders	Patient reminders	N: Baseline rate: Follow-up rate:	340 N: Not reported Baseline rate: 10.3 Follow-up rate:	389 Not reported 16.7	6.4
				Control/ usual care Patient reminders	Patient education Patient reminders	N: Baseline rate: Follow-up rate:	340 N: Not reported Baseline rate: 10.3 Follow-up rate:	408 Not reported 19.1	8.8
				Patient reminders	Patient reminders	N: Baseline rate: Follow-up rate:	430 N: Not reported Baseline rate: 14.0 Follow-up rate:	389 Not reported 16.7	2.7
				Patient reminders	Patient education Patient reminders	N: Baseline rate: Follow-up rate:	14.0 Follow-up rate:	408 Not reported 19.1	5.1
				Patient reminders	Patient education Patient reminders	N: Baseline rate: Follow-up rate:	389 N: Not reported Baseline rate: 16.7 Follow-up rate:	408 Not reported 19.1	2.4
RUSSELL 1983 UK	No vulnerable populations	S Mix	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:3.9	584 N: Zero Baseline rate: Follow-up rate:4.	675 Zero 1	0.2
CCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:3.9	584 N: Zero Baseline rate: Follow-up rate:8.3	679 Zero	4.9
				Patient education Individual counseling	Patient education Patient financial incentive Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:4.	675 N: Zero Baseline rate: 1 Follow-up rate:8.3	679 Zero	4.7
RUSSELL 1987 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, physician	Medications NRT: gum	Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:4.	3320 N: Zero Baseline rate: Follow-up rate:4.	729 Zero	0.0
CBA	No special exceptions for comorbidity		Other system	Medications NRT: gum	Patient education Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:4.0	3320 N: Zero Baseline rate: Follow-up rate:5.0	396 Zero	1.0
				Individual counseling Medications NRT: gum Self-help	Patient education Individual counseling Medications NRT: gum Self-help	N: Baseline rate: Follow-up rate:4.0	729 N: Zero Baseline rate: Follow-up rate:5.0	396 Zero	1.0

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RCT = randomized clinical trial

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interventio Characteris			ARR
SACHS 1993 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Not sure Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Patient financial incentive Individual counseling Self-help	Patient education Patient financial incentive Medications NRT: patch Self-help	N: Baseline rate: Follow-up rate:9.0	107 N: Zero Baseline rate: Follow-up rate:	113 Zero 25.0	16.0
SALINA 1994 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients Organizations Communities	Nonacademic setting Mainly urban/suburban Outpatient, other Not applicable	MassMedia Self-help	Patient financial incentive Org.Fin Group therapy/counseling - leader trained MassMedia Self-help	N: Baseline rate: No Follow-up rate:	169 N: ot reported Baseline rate: Not 19.5 Follow-up rate:	173 reported 30.1	10.6
SAWICKI 1993 Other RCT	Under & over 65 Other vulnerable populations No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, other Other system	Patient education	Individual counseling	N: Baseline rate: Follow-up rate:	45 N: Zero Baseline rate: 16.0 Follow-up rate:5.0	44 Zero	-11.0
SCHNEIDE	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Individual counseling	Individual counseling Medications NRT: gum	N: Baseline rate: No Follow-up rate:	30 N: ot reported Baseline rate: Not 20.0 Follow-up rate:	30 reported 30.0	10.0
SCHNEIDE	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care	Medications NRT: gum	N: Baseline rate: No Follow-up rate:8.0	23 N: ot reported Baseline rate: Not Follow-up rate:	13 reported 13.0	5.0
SCHNEIDE 1983 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Individual counseling Placebo: gum	Individual counseling Medications NRT: gum	N: Baseline rate: Follow-up rate:	30 N: Zero Baseline rate: 20.0 Follow-up rate:	30 Zero 30.0	10.0
SCHNEIDE 1983 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Placebo: gum	Medications NRT: gum	N: Baseline rate: Follow-up rate:	23 N: Zero Baseline rate: 13.0 Follow-up rate:8.0	13 Zero	-5.0
SCHNEIDE 1995 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Not applicable	Patient education Medication other drug	Patient education Medications NRT: nasal spray	N:  Baseline rate: No Follow-up rate:8.0	127 N: ot reported Baseline rate: Not Follow-up rate:	128 reported 18.0	10.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
SCHNEIDE 1996 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education	Patient education Medication other drug	Baseline rate: Not reported Baseline rate: Not repo	112 5.0 rted 3.0
SCHNEIDE 1996 USA RCT	Adults under 65 only No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Patient education	Patient education Mediations anxiolytics	N: 49 N: Baseline rate: Not reported Baseline rate: Not re	51 1.0 rted 2.0
SCHNEIDE 1997 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Not applicable Other system	Control/ usual care	Inhaler	Baseline rate: Not reported Baseline rate: Not repo	112 5.0 rted 3.0
SCHORLIN 1997 USA CBA	Under & over 65 African Americans No special exceptions for comorbidity	Patients Communities	Nonacademic setting Mainly rural Outpatient, clinic Mixed	Control/ usual care	Patient education Individual counseling MassMedia Self-help	N: 304 N: Baseline rate: Not reported Baseline rate: Not reported Pollow-up rate: 9.5 Follow-up rate: 6.1	344 -3.4 rted

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Interven Characte		ARR			
SCHWARTZ 1968 USA	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic	Patient education	Patient education	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 19.4	2.7			
RCT	No special exceptions for comorbidity		НМО	Patient education	Patient education	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 25.0	8.3			
				Patient education	Patient education Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:8.	36 Zero	-8.4			
				Patient education	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 30.6	13.9			
							Patient education	Patient education Individual counseling Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 13.9	-2.8
			Patient education	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 27.8	11.1				
			Patient education	Patient education Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	36 Zero 19.4	2.7				
				Patient education	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 16.7 Follow-up rate:	Not reported Zero 16.7	0.0			
				Patient education	Patient education	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	36 Zero 25.0	5.6			
				Patient education	Patient education Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:8.	36 Zero	-11.1			
				Patient education	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	36 Zero 30.6	11.2			
				Patient education	Patient education Individual counseling Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	36 Zero 13.9	-5.5			
	Pat			Patient education	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	36 Zero 27.8	8.4			
				Patient education	Patient education Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	36 Zero 19.4	0.0			
SCHWARTZ 1968 USA	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic	Patient education	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	Not reported Zero 16.7	-2.7			

CBA = controlled before – and – after study USA = United States of America

CCT = controlled clinical trial

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervent Characte	-	ARR
USA	No special exceptions for		Outpatient, clinic	Patient education	Patient education	N:	36 N:	_ 36	-16.7
RCT (continued)	comorbidity		НМО		Mediations anxiolytics	Baseline rate: Follow-up rate:	Zero Baseline rate: 25.0 Follow-up rate:8.	Zero 3	
(**************************************				Patient education	Patient education	N:	36 N:	36	5.6
					Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
					e e e e e e e e e e e e e e e e e e e	Follow-up rate:	25.0 Follow-up rate:	30.6	
				Patient education	Patient education	N:	36 N:	36	-11.1
					Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
					Mediations anxiolytics	Follow-up rate:	25.0 Follow-up rate:	13.9	
				Patient education	Patient education	N:	36 N:	36	2.8
					Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	
					leader trained	Follow-up rate:	25.0 Follow-up rate:	27.8	
				Patient education	Patient education	N:	36 N:	_ 36	-5.6
					Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	
					leader trained	Follow-up rate:	25.0 Follow-up rate:	19.4	
				D ( ) ( )	Mediations anxiolytics	M	36 N:	N 1	-8.3
				Patient education	Patient education Group therapy/counseling -	N: Baseline rate:	Zero Baseline rate:	Not reported Zero	-8.3
					leader trained	Follow-up rate:	25.0 Follow-up rate:	16.7	
				Patient education	Patient education	N:	36 N:	36	22.3
				Mediations anxiolytics	Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	22.3
				iviculations anxiotytics	marviduai counsening	Follow-up rate:8.3	Follow-up rate:	30.6	
				Patient education	Patient education	N:	36 N:	36	5.6
				Mediations anxiolytics	Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	0.0
				J	Mediations anxiolytics	Follow-up rate:8.3	Follow-up rate:	13.9	
				Patient education	Patient education	N:	36 N:	36	19.5
				Mediations anxiolytics	Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	
				-	leader trained	Follow-up rate:8.3	Follow-up rate:	27.8	
				Patient education	Patient education	N:	36 N:	36	11.1
				Mediations anxiolytics	Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	
					leader trained Mediations anxiolytics	Follow-up rate:8.3	Follow-up rate:	19.4	
				Patient education	Patient education	N:	36 N:	Not reported	8.4
				Mediations anxiolytics	Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	0.4
				iviculations anxiolytics	leader trained	Follow-up rate:8.3	Follow-up rate:	16.7	
				Patient education	Patient education	N:	36 N:	36	-16.7
				Individual counseling	Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	10.7
					Mediations anxiolytics	Follow-up rate:	30.6 Follow-up rate:	13.9	
				Patient education	Patient education	N:	36 N:	36	-2.8
				Individual counseling	Group therapy/counseling -	Baseline rate:	Zero Baseline rate:	Zero	
				I	leader trained	Follow-up rate:	30.6 Follow-up rate:	27.8	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention l Characteristic			ARR
SCHWARTZ 1968 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic HMO	Patient education Individual counseling	Patient education Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 30.6 Follow-up rate:	36 Zero 19.4	-11.2
(continued)	comorbidity		Thirt	Patient education Individual counseling	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 30.6 Follow-up rate:	Not reported Zero 16.7	-13.9
				Patient education Individual counseling Mediations anxiolytics	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 13.9 Follow-up rate:	36 Zero 27.8	13.9
				Patient education Individual counseling Mediations anxiolytics	Patient education Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 13.9 Follow-up rate:	36 Zero 19.4	5.5
				Patient education Individual counseling Mediations anxiolytics	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 13.9 Follow-up rate:	Not reported Zero 16.7	2.8
				Patient education Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained Mediations anxiolytics	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 27.8 Follow-up rate:	36 Zero 19.4	-8.4
				Patient education Group therapy/counseling - leader trained	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 27.8 Follow-up rate:	Not reported Zero 16.7	-11.1
				Patient education Group therapy/counseling - leader trained Mediations anxiolytics	Patient education Group therapy/counseling - leader trained	N: Baseline rate: Follow-up rate:	36 N: Zero Baseline rate: 19.4 Follow-up rate:	Not reported Zero 16.7	-2.7
SEGNAN 1991 Other	Adults under 65 only No vulnerable populations targeted	Patients Physicians	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician	Provider education Individual counseling	Provider education Individual counseling	N: Baseline rate: Not Follow-up rate:4.8	62 N: reported Baseline rate: Follow-up rate:5		0.7
RCT	No special exceptions for comorbidity		Other system	Provider education Individual counseling	Provider education Individual counseling Medications NRT: gum	N: Baseline rate: Not Follow-up rate:4.8	62 N: reported Baseline rate: Follow-up rate:7	294 Not reported .5	2.7
				Provider education Individual counseling	Provider education Individual counseling	N: Baseline rate: Not Follow-up rate:4.8	62 N: reported Baseline rate: Follow-up rate:6	292 Not reported .5	1.7
				Provider education Individual counseling	Provider education Individual counseling Medications NRT: gum	N: Baseline rate: Not Follow-up rate:5.5	275 N: reported Baseline rate: Follow-up rate:7	294 Not reported .5	2.0
				Provider education Individual counseling	Provider education Individual counseling	N: Baseline rate: Not Follow-up rate:5.5	275 N: reported Baseline rate: Follow-up rate:6	292 Not reported .5	1.0
				Provider education Individual counseling Medications NRT: gum	Provider education Individual counseling	N:	294 N:	292 Not reported	-1.0
*Narrative Project Do RCT = randomiz CCT = controlle		y a PRO number, 1	CBA = control	led before – and – after study States of America					

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
SEVERSON 1998 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for	Patients Dentists Other provider	Nonacademic setting Mixed rural/urban/suburban Outpatient, other Fee-for-service	Control/ usual care	Patient education Provider education Individual counseling Self-help	N: 25 N: 2 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 2.6	6 0.2 d
	comorbidity			Control/ usual care	Patient education Provider education Patient reminders Individual counseling Self-help	N: 25 N: 2 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 2.4 Follow-up rate: 2.5	4 0.1 d
				Patient education Provider education Individual counseling Self-help	Patient education Provider education Patient reminders Individual counseling Self-help	N: 26 N: 2 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 2.5	4 -0.1 d
SIMON 1997 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Hospital & outpatient Other system	Individual counseling Self-help	Individual counseling Medications NRT: gum Self-help	N: 156 N: 16 Baseline rate: Not reported Baseline rate: Not reporte Follow-up rate: 6.0 Follow-up rate: 13	d
SLAMA 1990 Australia	Adults under 65 only No vulnerable populations targeted	Patients	Academic setting Not sure Outpatient, physician	Control/ usual care	Patient education Individual counseling	N: 106 N: 10 Baseline rate: Zero Baseline rate: Zero Follow-up rate: 1.0	
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Individual counseling	N: 106 N: 10 Baseline rate: Zero Baseline rate: Zero Boseline rate: Zero Baseline rate: Zero Boseline rate: 5.0	
				Patient education Individual counseling	Patient education Individual counseling	N: 104 N: 10 Baseline rate: Zero Baseline rate: Zero Follow-up rate: 1.0 Follow-up rate: 5.0	
SLAMA 1995 France RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician Other system	Control/ usual care	Patient education Self-help	N: 2199 N: 92 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 0.5 Follow-up rate: 1.9	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Interve Characteristics Charact		ARR
SONDERSK 1997 Other	Under & over 65 No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other	Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 125 N: Baseline rate: Not reported Baseline rate: Follow-up rate: 18.4 Follow-up rate:	Not reported	-14.2
RCT	Excluded: persons with other cessation-affecting conditions		Other system	Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 125 N: Baseline rate: Not reported Baseline rate: Follow-up rate: 18.4 Follow-up rate:	Not reported 22.7	4.3
				Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 125 N: Baseline rate: Not reported Baseline rate: Follow-up rate: 18.4 Follow-up rate:	Not reported 11.0	-7.4
				Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 142 N: Baseline rate: Not reported Baseline rate: Follow-up rate:4.2 Follow-up rate:	Not reported 22.7	18.5
				Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 142 N: Baseline rate: Not reported Baseline rate: Follow-up rate:4.2 Follow-up rate:	Not reported 11.0	6.8
				Patient financial incentive Medications NRT: patch	Patient financial incentive Medications NRT: patch	N: 119 N: Baseline rate: Not reported Baseline rate: Follow-up rate: 22.7 Follow-up rate:	Not reported 11.0	-11.7
STAPLETO 1995 Other RCT	Adults under 65 only No vulnerable populations targeted Included: persons with high nicotine dependence Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic Other system	Patient education	Patient education Patient financial incentive Medications NRT: patch	N: 400 N: Baseline rate: Zero Baseline rate: Follow-up rate:4.8 Follow-up rate:	800 Zero 9.6	4.8
STAPLETO 1998 UK RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, other Other system	Control/ usual care Patient education Patient financial incentive Group therapy/counseling - leader trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: nasal spray	N: 111 N: Baseline rate: Not reported Baseline rate: Follow-up rate:6.1 Follow-up rate:	Not reported 15.4	9.3
STEVENS 1993 USA CCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mainly urban/suburban Hospital & outpatient HMO	Control/ usual care	Patient education Patient reminders Individual counseling Self-help	N: 666 N: Baseline rate:4.5 Baseline rate:5. Follow-up rate:9.2 Follow-up rate:	453 5 13.5	3.2

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
STEVENS 1989 USA RCT	Under & over 65 No vulnerable populations targeted No special exceptions for	Patients Counselors	Nonacademic setting Mixed rural/urban/suburban Outpatient, clinic HMO	Provider education Patient financial incentive Group therapy/counseling - leader not trained	Provider education Patient financial incentive Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	198 N: 184 Zero Baseline rate: Zero 33.3 Follow-up rate: 41.5	0
	comorbidity			Provider education Patient financial incentive Group therapy/counseling - leader not trained	Provider education Patient financial incentive Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	198 N: 20: Zero Baseline rate: Zero 33.3 Follow-up rate: 34.	0
				Provider education Patient financial incentive Group therapy/counseling - leader not trained	Provider education Patient financial incentive Group therapy/counseling - leader not trained	N: Baseline rate: Follow-up rate:	184 N: 20: Zero Baseline rate: Zero 41.3 Follow-up rate: 34.	0
STEWART 1982 Other	Under & over 65 No vulnerable populations targeted	Patients Physicians	Academic setting Mainly urban/suburban Outpatient, physician	Control/ usual care	Provider reminders Individual counseling	N: Baseline rate: Follow-up rate:3.1	128 N: 229 Zero Baseline rate: Zero Follow-up rate:3.1	
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Provider reminders Individual counseling	N: Baseline rate: Follow-up rate:3.1	128 N: 94 Zero Baseline rate: Zero Follow-up rate:4.3	
				Provider reminders Individual counseling	Patient education Provider reminders Individual counseling	N: Baseline rate: Follow-up rate:3.1	229 N: 94 Zero Baseline rate: Zero Follow-up rate:4.3	0
STRECHER 1994 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Outpatient, physician Mixed	Control/ usual care	Self-help	N: Not re Baseline rate: Follow-up rate:	Peported N: Not reported N: Zero Baseline rate: Zero 17.1 Follow-up rate: 23.0	0
STRECHER 1991 USA	Under & over 65 No vulnerable populations targeted	Physicians	Academic setting Mainly urban/suburban Outpatient, physician	Control/ usual care	Provider education Feedback Provider reminders	N: Baseline rate: Not re Follow-up rate:1.7	157 N: 184 eported Baseline rate: Not reported Follow-up rate:5.6	
RCT	No special exceptions for comorbidity		Mixed	Control/ usual care	Provider education Feedback	N: Baseline rate: Not re Follow-up rate:1.7	157 N: 150 eported Baseline rate: Not reported Follow-up rate: 3.4	
				Control/ usual care	Provider reminders	N: Baseline rate: Not re Follow-up rate:1.7	157 N: 162 eported Baseline rate: Not reported Follow-up rate: 5.7	
				Provider education Feedback Provider reminders	Provider education Feedback	N: Baseline rate: Not re Follow-up rate:5.6	184 N: 150 eported Baseline rate: Not reported Follow-up rate: 3.4	-
				Provider education Feedback Provider reminders	Provider reminders	N: Baseline rate: Not re Follow-up rate:5.6	184 N: 162 eported Baseline rate: Not reported Follow-up rate: 5.7	
				Provider education Feedback	Provider reminders	N: Baseline rate: Not re Follow-up rate:3.4	156 N: 162 eported Baseline rate: Not reported Follow-up rate:5.7	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Intervention 2 Characteristics Characteristics	ARR
STRECHER 1994 USA	Under & over 65 No vulnerable populations targeted	Physicians	Academic setting Mainly urban/suburban Outpatient, clinic	Control/ usual care	Provider education Provider reminders	N: 157 N: Baseline rate: Not reported Baseline rate: Not reported Pollow-up rate: 1.7 Follow-up rate: 5.6	
RCT	No special exceptions for comorbidity		Mixed	Control/ usual care	Provider education	N: 157 N: Baseline rate: Not reported Baseline rate: Not reported Pollow-up rate: 1.7 Follow-up rate: 3.4	
				Control/ usual care	Provider reminders	N: 157 N: Baseline rate: Not reported Baseline rate: Not reported Pollow-up rate: 1.7 Follow-up rate: 5.7	
				Provider education Provider reminders	Provider education	N: 184 N: Baseline rate: Not reported Baseline rate: Not r	
				Provider education Provider reminders	Provider reminders	N: 184 N: Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 5.6 Follow-up rate: 5.7	162 0.1 orted
		Deticute		Provider education	Provider reminders	N: 156 N: Baseline rate: Not reported Baseline rate: Not r	162 2.3 orted
SUTHERLA 1992 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Nonacademic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care Patient education Patient financial incentive Group therapy/counseling - leader trained Medication other drug	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: nasal spray	Follow-up rate: 10.0 Follow-up rate:	111 16.0 Zero 26.0
SUTTON 1987 UK	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other	Control/ usual care	Control/ usual care	N: 64 N: Baseline rate: Not reported Baseline rate: Not re	98 -1.0 orted
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Individual counseling Medications NRT: gum		12.0
				Control/ usual care	Patient education Individual counseling Medications NRT: gum		12.0
SUTTON 1988 UK RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Not applicable Other system	Control/ usual care	Patient education Individual counseling Medications NRT: gum		32 14.0 Zero 16.0
TARVIS . Other RCT	Under & over 65 No vulnerable populations targeted No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medications NRT: gum	N: 58 N: Baseline rate: Not reported Baseline rate: Not re	58 17.0 orted 31.0

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Interven Characto			ARR
TAYLOR 1996 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Hospital & outpatient HMO	Self-help	Individual counseling	N: Baseline rate: Follow-up rate:	313 N: Not reported Baseline rate: 21.0 Follow-up rate:	315 Not reported 31.0	10.0
TAYLOR 1990 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Mainly urban/suburban Hospital & outpatient HMO	Control/ usual care	Patient education Individual counseling Self-help	N: Baseline rate: Follow-up rate:	82 N: Not reported Baseline rate: 32.0 Follow-up rate:	84 Not reported 61.0	29.0
THOMPSON 1988 USA RCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician HMO	Control/ usual care	Patient education Individual counseling	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	89 Zero 11.2	-4.3
				Control/ usual care	Patient education Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	89 Zero 11.2	-4.3
				Control/ usual care	Patient education	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	96 Zero 14.6	-0.9
				Control/ usual care	Patient education Individual counseling Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	99 Zero 16.2	0.7
				Control/ usual care	Patient education Patient financial incentive Individual counseling	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	91 Zero 14.3	-1.2
				Control/ usual care	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:9	97 Zero	-6.2
				Control/ usual care	Patient education Patient financial incentive Individual counseling Self-help	N: Baseline rate: Follow-up rate:	103 N: Zero Baseline rate: 15.5 Follow-up rate:	92 Zero 10.9	-4.6
				Patient education Individual counseling	Patient education Self-help	N: Baseline rate: Follow-up rate:	89 N: Zero Baseline rate: 11.2 Follow-up rate:	89 Zero 11.2	0.0
				Patient education Individual counseling	Patient education	N: Baseline rate: Follow-up rate:	89 N: Zero Baseline rate: 11.2 Follow-up rate:	96 Zero 14.6	3.4
				Patient education Individual counseling	Patient education Individual counseling Self-help	N: Baseline rate: Follow-up rate:	89 N: Zero Baseline rate: 11.2 Follow-up rate:	99 Zero 16.2	5.0
				Patient education Individual counseling	Patient education Patient financial incentive Individual counseling	N: Baseline rate: Follow-up rate:	89 N: Zero Baseline rate: 11.2 Follow-up rate:	91 Zero 14.3	3.1

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR
THOMPSON	Under & over 65	Patients	Nonacademic setting	Patient education	Patient education	N:	89 N:	97	-1.9
1988	No vulnerable populations	1 attents	Mixed rural/urban/suburban	Individual counseling	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	1.7
USA	targeted		Outpatient, physician	8	Self-help	Follow-up rate:	11.2 Follow-up rate:9.3		
RCT	Excluded: persons with		HMO	Patient education	Patient education	N:	89 N:	92	-0.3
(continued)	psychiatric comorbidity			Individual counseling	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Individual counseling Self-help	Follow-up rate:	11.2 Follow-up rate:	10.9	
				Patient education	Patient education	N:	89 N:	96	3.4
				Self-help		Baseline rate:	Zero Baseline rate:	Zero	
				1		Follow-up rate:	11.2 Follow-up rate:	14.6	
				Patient education	Patient education	N:	89 N:	99	5.0
				Self-help	Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
					Self-help	Follow-up rate:	11.2 Follow-up rate:	16.2	
				Patient education	Patient education	N:	89 N:	91	3.1
				Self-help	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Individual counseling	Follow-up rate:	11.2 Follow-up rate:	14.3	
				Patient education	Patient education	N:	89 N:	97	-1.9
				Self-help	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Self-help	Follow-up rate:	11.2 Follow-up rate:9.3		
				Patient education	Patient education	N:	89 N:	92	-0.3
				Self-help	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
				Individual counseling Self-help	Follow-up rate:	11.2 Follow-up rate:	10.9		
				Patient education	Patient education	N:	96 N:	99	1.6
					Individual counseling	Baseline rate:	Zero Baseline rate:	Zero	
					Self-help	Follow-up rate:	14.6 Follow-up rate:	16.2	
				Patient education	Patient education	N:	96 N:	91	-0.3
					Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Individual counseling	Follow-up rate:	14.6 Follow-up rate:	14.3	
				Patient education	Patient education	N:	96 N:	97	-5.3
					Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Self-help	Follow-up rate:	14.6 Follow-up rate:9.3		
				Patient education	Patient education	N:	96 N:	92	-3.7
					Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
					Individual counseling Self-help	Follow-up rate:	14.6 Follow-up rate:	10.9	
				Patient education	Patient education	N:	99 N:	91	-1.9
				Individual counseling	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Individual counseling	Follow-up rate:	16.2 Follow-up rate:	14.3	
				Patient education	Patient education	N:	99 N:	97	-6.9
				Individual counseling	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Self-help	Follow-up rate:	16.2 Follow-up rate:9.3		
				Patient education	Patient education	N:	99 N:	92	-5.3
				Individual counseling	Patient financial incentive	Baseline rate:	Zero Baseline rate:	Zero	
				Self-help	Individual counseling Self-help	Follow-up rate:	16.2 Follow-up rate:	10.9	
Narrative Project Do RCT = randomiz	ocuments (NPDs) are identified by	y a PRO number, i		lad bafara and after	N.				
CCT = controlle				lled before – and – after stud States of America	у				

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Interventio Characteri		ARR
THOMPSON 1988 USA RCT (continued)	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Outpatient, physician HMO	Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Self-help	N: Baseline rate: Follow-up rate:	91 N: Zero Baseline rate: 14.3 Follow-up rate:9.3	97 Zero	-5.0
				Patient education Patient financial incentive Individual counseling	Patient education Patient financial incentive Individual counseling Self-help	N: Baseline rate: Follow-up rate:	91 N: Zero Baseline rate: 14.3 Follow-up rate:	92 Zero 10.9	-3.4
				Patient education Patient financial incentive Self-help	Patient education Patient financial incentive Individual counseling Self-help	N: Baseline rate: Follow-up rate:9.3	97 N: Zero Baseline rate: Follow-up rate:	92 Zero 10.9	1.6
THOMPSON 1993 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for comorbidity	Patients	Nonacademic setting Mixed rural/urban/suburban Not applicable Not applicable	Patient education	Individual counseling	N: Baseline rate: Not re Follow-up rate:	185 N: eported Baseline rate: N 18.5 Follow-up rate:	197 Not reported 19.2	0.7
TIFFANY 1986 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Academic setting Mixed rural/urban/suburban Outpatient, clinic Not applicable	Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 59.0 Follow-up rate:	20 Zero 35.0	
	comorbidity			Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 59.0 Follow-up rate:	20 Zero 55.0	
				Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	22 N: Zero Baseline rate: 59.0 Follow-up rate:	20 Zero 35.0	
				Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 35.0 Follow-up rate:	20 Zero 55.0	20.0
				Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 35.0 Follow-up rate:	20 Zero 35.0	0.0
				Patient education Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	20 N: Zero Baseline rate: 55.0 Follow-up rate:	20 Zero 35.0	

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Author Year Country Design TONNESEN 1993 Other RCT	Age Vulnerable populations targeted Comorbidities included or excluded  Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other	Target(s) Patients	Research setting Geographic setting Health-care Practice setting Reimbursement system  Not sure Mainly urban/suburban Outpatient, clinic Other system	Intervention 1 Patient education Individual counseling	Intervention 2  Patient education Individual counseling Medications NRT: nasal spray	Characteristics  N: 141 N: Baseline rate: Not reported Baseline		10.2
TONNESEN 1988 Other RCT	cessation-affecting conditions Under & over 65 No vulnerable populations targeted Included: persons with high	Patients	Academic setting Mainly urban/suburban Outpatient, other Other system	Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 53 N: Baseline rate: Not reported Baseline Follow-up rate:9.4 Follow-		18.9
	nicotine dependence Excluded: persons with psychiatric comorbidity			Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 53 N: Baseline rate: Not reported Baseline Follow-up rate:9.4 Follow-	33 e rate: Not reported up rate:6.1	-3.3
				Patient education Patient financial incentive Group therapy/counseling - leader trained	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 53 N: Baseline rate: Not reported Baseline Follow-up rate:9.4 Follow-		23.9
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 60 N: Baseline rate: Not reported Baseline Follow-up rate: 28.3 Follow-	-up rate:6.1	
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 60 N: Baseline rate: Not reported Baseline Follow-up rate: 28.3 Follow-	-up rate: 33.3	5.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 33 N: Baseline rate: Not reported Baseline Follow-up rate:6.1 Follow-		27.2

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
TONNESEN 1988 Other RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence	Patients	Academic setting Mainly urban/suburban Outpatient, not phys. Other system	Control/ usual care Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 56 N: Baseline rate: Not reported Basel Follow-up rate:5.7 Follow	ine rate: Not reported w-up rate: 32.0	26.3
	Excluded: persons with psychiatric comorbidity			Control/ usual care Self-help	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum		w-up rate: 18.0	12.0
				Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	Patient education Patient financial incentive Group therapy/counseling - leader trained Medications NRT: gum	N: 62 N: Baseline rate: Not reported Basel Follow-up rate: 32.0 Follow		1
TONNESEN 1991 Other RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity, persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education	Patient education Patient financial incentive Medications NRT: patch	N: 144 N: Baseline rate: Not reported Basel Follow-up rate:2.0 Follow	ine rate: Not reported w-up rate: 11.0	9.0
TONNESEN 1996 Denmark RCT	65 years + only No vulnerable populations targeted No special exceptions for comorbidity	Patients Nurses	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Control/ usual care	Patient education Provider education Patient reminders Individual counseling	N: 253 N: Baseline rate: Not reported Basel Follow-up rate:1.2 Follow	254 ine rate: Not reported w-up rate:3.1	1.9
TRANSDERMAL NICOTINE STUDY GROUP 1991 USA	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Group therapy/counseling - leader not trained Individual counseling	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 253 N: Baseline rate: Not reported Basel Follow-up rate: 12.0 Follow		6.0
RCT				Group therapy/counseling - leader not trained Individual counseling	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 253 N: Baseline rate: Not reported Basel Follow-up rate: 12.0 Follow	1	14.0
				Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	Patient financial incentive Group therapy/counseling - leader not trained Individual counseling Medications NRT: patch	N: 254 N: Baseline rate: Not reported Basel Follow-up rate: 18.0 Follow	1	8.0

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Author Year Country Design	Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics		ARR		
VELICER	Under & over 65	Patients	Not sure	Self-help	Self-help	N:	359 N:	368	-0.8		
1999 USA	No vulnerable populations targeted	1 atients	Mixed rural/urban/suburban Not applicable	Зеп-пер	эсп-негр	Baseline rate: Follow-up rate:7.2	Zero Baseline rate: Follow-up rate:6.4	Zero	-0.8		
RCT	No special exceptions for comorbidity		Managed care	Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:4.7	366 Zero	-2.5		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:7.5	360 Zero	0.3		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:9.8	357 Zero	2.6		
						Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:8.1	353 Zero	
			Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	4.0			
			Self-help	Self-help	N: Baseline rate: Follow-up rate:7.2	359 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	1.0			
		Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:4.7	366 Zero	-1.7				
			Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:7.5	360 Zero	1.1			
				Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:9.8	357 Zero	3.4		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:8.1	353 Zero			
				Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	4.8		
				Self-help	Self-help	N: Baseline rate: Follow-up rate:6.4	368 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	1.8		
			Self-help	Self-help	N: Baseline rate: Follow-up rate:4.7	366 N: Zero Baseline rate: Follow-up rate:7.5	360 Zero	2.8			
				Self-help	Self-help	N: Baseline rate: Follow-up rate:4.7	366 N: Zero Baseline rate: Follow-up rate:9.8	357 Zero	5.1		

Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristic		ARR	
VELICER	Under & over 65	Patients	Not sure	Self-help	Self-help	N:	366 N:	353	3.4	
1999 USA	No vulnerable populations targeted		Mixed rural/urban/suburban Not applicable		544 AVP	Baseline rate: Follow-up rate:4.7	Zero Baseline rate: Follow-up rate:8.1	Zero		
RCT (continued)	No special exceptions for comorbidity		Managed care	Self-help	Self-help	N: Baseline rate: Follow-up rate:4.7	366 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	6.5	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:4.7	366 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	3.5	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:7.5	360 N: Zero Baseline rate: Follow-up rate:9.8	357 Zero	2.3	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:7.5	360 N: Zero Baseline rate: Follow-up rate:8.1	353 Zero	0.6	
					Self-help	Self-help	N: Baseline rate: Follow-up rate:7.5	360 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	3.7
					Self-help	Self-help	N: Baseline rate: Follow-up rate:7.5	360 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	0.7
				Self-help	Self-help	N: Baseline rate: Follow-up rate:9.8	357 N: Zero Baseline rate: Follow-up rate:8.1	353 Zero	-1.7	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:9.8	357 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	1.4	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:9.8	357 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	-1.6	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:8.1	353 N: Zero Baseline rate: Follow-up rate:	362 Zero 11.2	3.1	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:8.1	353 N: Zero Baseline rate: Follow-up rate:8.2	357 Zero	0.1	
				Self-help	Self-help	N: Baseline rate: Follow-up rate:	362 N: Zero Baseline rate: 11.2 Follow-up rate:8.2	357 Zero	-3.0	
VETTER 1990 UK RCT	65 years + only No vulnerable populations targeted No special exceptions for comorbidity	Patients Organizations	Nonacademic setting Mainly rural Outpatient, physician Other system	Control/ usual care	Individual counseling Organizational change	N: Baseline rate: Follow-up rate:9.0	234 N: Zero Baseline rate: Follow-up rate:	237 Zero 14.0	5.0	

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Author Year Country Design	Age Vulnerable populations targeted Comorbidities included or excluded	Target(s)	Research setting Geographic setting Health-care Practice setting Reimbursement system	Intervention 1	Intervention 2	Intervention 1 Characteristics	Intervention 2 Characteristics	ARR
VILLAGRA 1991 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Not sure Outpatient, not phys. Mixed	Individual counseling	Individual counseling Clonidine	Baseline rate: Zer	8 N: 53 o Baseline rate: Zero 2 Follow-up rate: 17.0	
VILLAGRA 1989 USA RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Nonacademic setting Not sure Outpatient, physician Mixed	Individual counseling	Individual counseling Clonidine	Follow-up rate:8.6	o Baseline rate: Zero Follow-up rate: 23.5	
WEI HAO 1988 Other RCT	Under & over 65  No vulnerable populations targeted  Excluded: persons with other cessation-affecting conditions	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education	Patient education Clonidine	Baseline rate: Not reporte	5 N: 38 d Baseline rate: Not reported 8 Follow-up rate: 57.1	
				Patient education	Patient education Mediations anxiolytics	Baseline rate: Not reporte	5 N: 34 d Baseline rate: Not reported 8 Follow-up rate: 36.8	
				Patient education Clonidine	Patient education Mediations anxiolytics	Baseline rate: Not reporte	8 N: 34 d Baseline rate: Not reported 1 Follow-up rate: 36.8	-20.3
WEISSFEL 1991 USA	Under & over 65 Other vulnerable populations Excluded: persons with	Patients	tients Academic setting Mainly urban/suburban Outpatient, clinic	Patient education	Individual counseling Self-help	Baseline rate: Zer Follow-up rate: 1.2	3 N: 143 to Baseline rate: Zero Follow-up rate:6.3	
RCT	psychiatric comorbidity		Other system	Patient education	Patient education Patient reminders Individual counseling Medications NRT: gum Self-help	111	3 N: 150 to Baseline rate: Zero Follow-up rate:6.0	
				Individual counseling Self-help	Patient education Patient reminders Individual counseling Medications NRT: gum Self-help		3 N: 150 o Baseline rate: Zero Follow-up rate:6.0	
WESTMAN 1993 Other RCT	Under & over 65 No vulnerable populations targeted Included: persons with high nicotine dependence Excluded: persons with psychiatric comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Other system	Patient education Individual counseling Self-help	Patient education Individual counseling Medications NRT: patch Self-help		0 N: 78 d Baseline rate: Not reported Follow-up rate: 20.5	

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WILSON 1988 Canada	Under & over 65 No vulnerable populations targeted	Patients Physicians	Nonacademic setting Mainly urban/suburban Outpatient, physician	Control/ usual care	Medications NRT: gum	N: 601 N: 726 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:4.4 Follow-up rate:6.1	
RCT	No special exceptions for comorbidity		Other system	Control/ usual care	Patient education Provider education Individual counseling Medications NRT: gum Self-help	N: 601 N: 606 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:4.4 Follow-up rate:8.8	
				Medications NRT: gum	Patient education Provider education Individual counseling Medications NRT: gum Self-help	N: 726 N: 606 Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:6.1 Follow-up rate:8.8	
WILSON 1982 Other RCT	Under & over 65  No vulnerable populations targeted  No special exceptions for comorbidity	Patients	Academic setting Mainly urban/suburban Outpatient, physician Other system	Patient education	Patient education Individual counseling	N: 93 N: 91 Baseline rate: Zero Baseline rate: Zero Follow-up rate: 12.0 Follow-up rate: 23.0	
WILSON 1990 Australia RCT	Adults under 65 only  No vulnerable populations targeted  No special exceptions for comorbidity	Patients Physicians	Nonacademic setting Mainly urban/suburban Outpatient, physician Fee-for-service	Control/ usual care	Patient education Provider reminders Individual counseling	N: 532 N: 577  Baseline rate: Zero Baseline rate: Zero Follow-up rate: 7.5  Follow-up rate: 7.5	4.3
WINDSOR 1989 USA	Adults under 65 only No vulnerable populations targeted	Patients	Nonacademic setting Mainly urban/suburban Outpatient, other	Individual counseling Self-help	Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 19.0	
RCT	No special exceptions for comorbidity		Not applicable	Individual counseling Self-help	Patient financial incentive Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Follow-up rate:6.0 Follow-up rate:5.0	
				Individual counseling Self-help	Patient financial incentive Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 10.0	
				Individual counseling Self-help	Patient financial incentive Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 19.0 Follow-up rate: 5.0	
				Individual counseling Self-help	Patient financial incentive Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Baseline rate: Not reported Pollow-up rate: 19.0 Follow-up rate: 10.0	
				Patient financial incentive Individual counseling Self-help	Patient financial incentive Individual counseling Self-help	N: Not reported N: Not reported Baseline rate: Not reported Baseline rate: Not reported Baseline rate: Not reported Follow-up rate: 10.0	

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ZELMAN 1992 USA RCT	Adults under 65 only No vulnerable populations targeted No special exceptions for	Patients	Academic setting Mainly urban/suburban Outpatient, clinic Mixed	Group therapy/counseling - leader trained Medications NRT: gum	Patient education Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	27 N: Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 39.0	
	comorbidity			Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	27 N: Not reported Baseline rate: 40.0 Follow-up rate:	27 Not reported 28.0	-12.0
				Group therapy/counseling - leader trained Medications NRT: gum	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	27 N: Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 36.0	-4.0
				Patient education Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	26 N: Not reported Baseline rate: 39.0 Follow-up rate:	Not reported 28.0	-11.0
				Patient education Group therapy/counseling - leader trained Medications NRT: gum	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	26 N: Not reported Baseline rate: 39.0 Follow-up rate:	Not reported 36.0	-3.0
				Group therapy/counseling - leader trained Medication other drug	Patient education Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	27 N: Not reported Baseline rate: 28.0 Follow-up rate:	Not reported 36.0	8.0
ZELMAN 1989 USA	Under & over 65 No vulnerable populations targeted	Patients	Academic setting Mainly urban/suburban Outpatient, clinic	Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	30 N: Not reported Baseline rate: 40.0 Follow-up rate:	30 Not reported 26.0	
RCT	No special exceptions for comorbidity		Mixed	Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	30 N: Not reported Baseline rate: 40.0 Follow-up rate:	Not reported 39.0	-1.0
				Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	30 N: Not reported Baseline rate: 40.0 Follow-up rate:	28 Not reported 35.0	
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained Medications NRT: gum	N: Baseline rate: Follow-up rate:	30 N: Not reported Baseline rate: 26.0 Follow-up rate:	28 Not reported 39.0	13.0
				Group therapy/counseling - leader trained Medication other drug	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	30 N: Not reported Baseline rate: 26.0 Follow-up rate:	Not reported 35.0	9.0
				Group therapy/counseling - leader trained Medications NRT: gum	Group therapy/counseling - leader trained Medication other drug	N: Baseline rate: Follow-up rate:	28 N: Not reported Baseline rate: 39.0 Follow-up rate:	Not reported 35.0	

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ZHU 1996 USA RCT	Under & over 65 No vulnerable populations targeted Excluded: persons with psychiatric comorbidity	Patients		Control/ usual care Patient financial incentive Self-help	Patient financial incentive Individual counseling Self-help		N: 1143 Baseline rate: Not reported Follow-up rate:7.5	
				Control/ usual care Patient financial incentive Self-help	Patient financial incentive Individual counseling Self-help		N: 1046 Baseline rate: Not reported Follow-up rate:9.9	

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